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Ethnic-vote plan spurs review

Leaked memo. Clark says sorry for outreach strategy proposing use of taxpayer resources for electoral purposes

Premier Christy Clark has issued an apology and launched a review after a leaked document showed her government planned to woo ethnic votes with provincial resources.

Deputy Premier Rich Coleman read the statement in the legislature Thursday and later said he should have a good idea within 24 hours of what went wrong and how.

"Some of the things that are in this thing are unacceptable. It blurs the lines, it goes beyond the lines," Coleman said outside the legislature as he promised to release a written report of the review.

The document caused a firestorm in the provincial legislature Thursday as the NDP continued for the second day to hammer the Liberals over its the contents.

The January 2012 document leaked to the NDP and released Wednesday outlines a proposed ethnic-outreach plan involving the premier's office, the multiculturalism ministry, the government caucus and the B.C. Liberal Party.

The 17-page paper includes eight strategy components, including advice for so-called "quick wins" gained by correcting historical wrongs.

"I want to sincerely apologize to British Columbians," said Clark's statement.

Among the Liberal actions the document recommends is the May 2008 apology to the Indo-Canadian community for the Komagata Maru incident.

The incident dates back to May 1914 when a charter ship with 376 people from India arrived in Vancouver's harbour. Immigration officials refused to allow the people to disembark.

The ship stayed anchored in the harbour for two months before returning to Calcutta. Upon the ship's return to India, a riot erupted and 20 people died.

The document also includes several references to tailoring government and Liberal news to the ethnic media, ensuring there is proper translation.

Use of taxpayer resources for political purposes is forbidden.

NDP House Leader John Horgan said the Liberals' plan to have the premier's deputy minister investigate to see if any government resources were inappropriately used falls short. Horgan said only an outsider can do a proper review.

The strategy document, titled Multicultural Strategy Action, was sent out by Kim Haakstad, Clark's deputy chief of staff. THE CANADIAN PRESS

Premier Christy Clark speaks in Vancouver on Jan. 22. Clark has apologized and launched a review after a leaked memo revealed a Liberal government plan to win ethnic votes with provincial resources. DARRYL DYCK/THE CANADIAN PRESS

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Warning. Welcome a wild, wet weekend

You may want to use this paper to shield you from the pouring rain.

March is off to a very soggy start as a rainstorm is expected to sweep through Metro Vancouver over the next two days.

Environment Canada issued a heavy rainfall warning out for Metro Vancouver Thursday, estimating that parts of B.C. could see up to 150 mm of rain.

"Rain is upon us now," Environment Canada meteorologist David Jones said Thursday.

"It's going to get heavier and it's not going to quit probably until some point on Saturday."

Between 40 and 80 mm of rain is expected in Metro Vancouver, with the highest amounts expected over the North Shore mountains.

The Sunshine Coast and Howe Sound could see up to 100 mm of rain, while the west coast of Vancouver Island could see as much as 150 mm.

"We get a couple of these types of events per year. This is not an extreme rainfall, but certainly a big one," Jones said.

Heavy rain began to fall in parts of B.C.'s South Coast Thursday, which was carried in by a strong Pacific frontal system with moist air from the subtropics.

Due to the heavy rainfall warning and high winds, Cypress Mountain closed its ski areas Thursday afternoon over what it's calling as the "worst rain storm of the season."

But you could start putting away your galoshes when the sun starts to break Sunday. Jones expects it to dry out for most of next week.

PHYLICIA TORREVILLAS/METRO

Seaspan's Vancouver shipyards in October 2011. The cost of navy replacements ships commissioned to be built in B.C. were greatly under-budgeted, according to a recent report. KENDRA WONG/METRO FILE

Shipbuilders urge feds: Stay the course

New ships. Seaspan is pushing for the government to swallow greater costs

MATT KIELTYKA
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The cost of navy replacements ships commissioned to be built in B.C. were greatly under-budgeted, according to the latest report from the parliamentary budget officer.

Ottawa had budgeted $2.6 billion for the replacement of two joint support ships (JSS) as part of its $8-billion agreement with Seaspan's Vancouver Shipyards in 2011.

However, the report suggests $4.13 billion should actually be budgeted to deliver the ships on time.

The last time the federal government attempted to replace the Royal Canada Navy's aging Protecteur-class ships in 2009, it scrapped plans after finding the replacements would not fit within a $2.1-billion budget.

Fearing delays, or worse, B.C.'s Shipyard General Workers' Federation is urging the government to push on with plans to build the new ships.

"I'm not surprised they underestimated what the cost of the JSS ships would be," said union president George MacPherson. "They keep delaying and costs go up."

MacPherson believes work on the rest of the order — a polar icebreaker, three offshore fisheries science vessels and an offshore oceanographic science vessel — will be unaffected in the aftermath of the PBO report.

"They're smaller and don't appear to be in danger," he said. "We'll start to cut steel in 2014."

He hopes the government will just swallow the cost of the JSS and carry on.

"We need to replace those ships," MacPherson said. "They were built in the 1960s and are just about at their limit."

Seaspan — which signed a design contract last week for the fisheries vessels — issued a statement Thursday, saying it is confident the National Shipbuilding Procurement Strategy is still on track.

"Yes, we have had delays, but they are measured in weeks and months, which given that we are embarking on a 20- to 30-year shipbuilding relationship with the Government of Canada, is a minor inconvenience," said CEO Jonathan Whitworth.

"We have a strong track record of completing projects on time and on budget. This philosophy will not change under NSPS. We cannot comment directly on pricing of the JSS or the polar icebreaker yet because we have not gone far enough in the planning or design processes," said Whitworth.

The replacement ships are expected to be delivered in 2018.

WITH FILES FROM THE CANADIAN PRESS

Discrepancy

$4.13B

Though Ottawa had budgeted $2.6B for the replacement of two joint support ships, a report says $4.13B should be budgeted.

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City, UBC push for brain train

Broadway subway line. Study says Vancouver is losing business to more accessible hubs

EMILY JACKSON
emily.jackson@metronews.ca

Build a brain train to UBC or risk a brain drain from Vancouver.

That's the high-stakes message the city and the university pushed at a press conference Thursday, armed with a new report that suggests the city needs a subway along Broadway to UBC if it wants to be a high-tech hub.

Unless Vancouver physically connects academia and industry, businesses will choose to locate in more accessible hubs such as Toronto or San Diego, according to the $110,000 report by KPMG.

The report also touted affordable housing and commercial space, but the city and UBC were keenly focused on the subway.

Pitching the $2.8-billion subway as the only transit solution along Broadway is nothing new — former mayor Sam Sullivan started heavily promoting it in 2007 — but Mayor Gregor Robertson said the line is "a really important issue that obviously is central in this B.C. election."

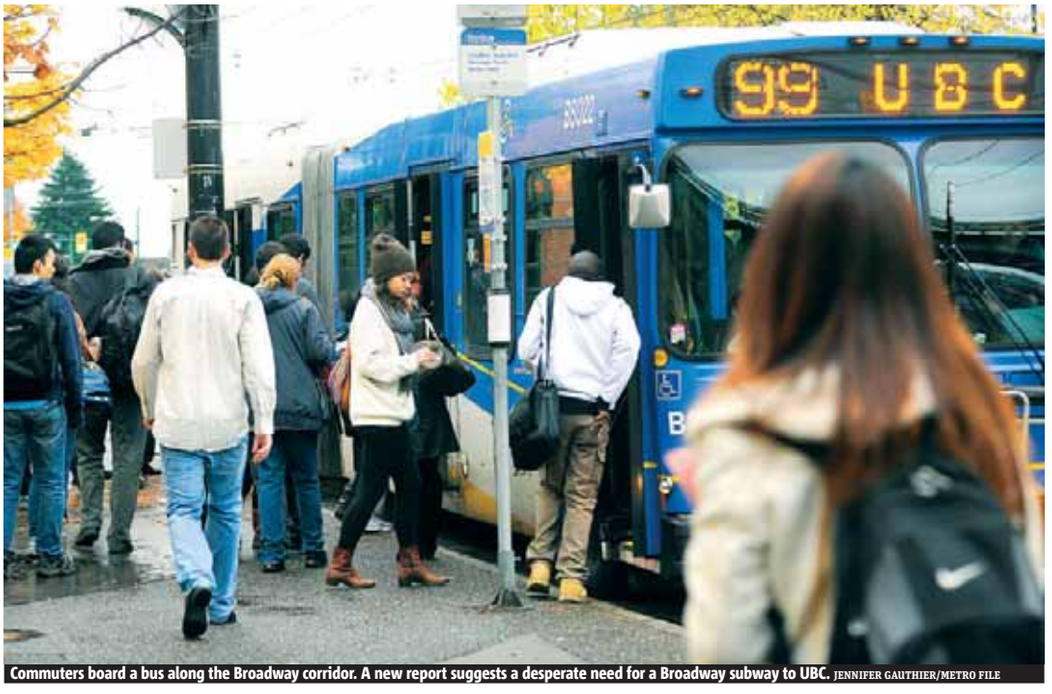
The mayor's office launched an online campaign encouraging users to share the message: "It's time to build the Broadway subway."

UBC president Stephen Toope stressed that the university isn't involved in politics, but that rapid transit is "crucial" no matter who wins. Half a million riders are passed by packed buses to UBC annually, the report states.

The busy corridor is already home to a life-sciences "superblock" that attracts millions in funding and employs thousands at spinoff companies from UBC research.

And, according to the report, the corridor will grow three times faster than previously thought. In 30 years, an additional 150,000 people are expected to work or study along the corridor and UBC's population will double.

But the report didn't address the subway's cost. UBC would not commit to a similar funding method to YVR's contribution to the Canada Line.



Commuters board a bus along the Broadway corridor. A new report suggests a desperate need for a Broadway subway to UBC. JENNIFER GAUTHIER/METRO FILE

Cash flow will be a serious problem before any transit is built, as Surrey also needs major improvements. Mayor Dianne Watts agrees that it's an election issue and said the funding model needs to be fixed before anything happens.

Feds begin dismantling Kits Coast Guard dock

A coast-guard contractor removes pile rings from a dock outside the Kitsilano Coast Guard station on Thursday afternoon. JENNIFER GAUTHIER/METRO

"Thieves in the night."

That's how the coast-guard union described the federal government on Thursday when they began dismantling the dock at the Kitsilano Coast Guard station.

The ramp leading from the station to the dock was removed around 12:30 p.m. Thursday, the union said. Later that afternoon, reporters observed workers detaching the pile rings that keep the dock fixed in place.

Dave Clark, B.C. regional vice-president of the Union of Canadian Transportation Employees, said he was surprised by the speed of the dismantling. "This is the fastest we've seen government in action," he joked, before becoming more serious. "Common sense would say that you keep the base for a while to see if anything happens."

So why is the base being dismantled so quickly?

"They're embarrassed about it. I think the Conservative MPs in B.C. have been embarrassed about it since May when it was announced and they think if the visual of the base is gone they are not going to hear about it anymore."

Quoted

"I think the Conservative MPs in B.C. have been embarrassed about it since May."

Dave Clark, B.C. regional vice-president of the Union of Canadian Transportation Employees, on the closing of the Kitsilano Coast Guard station

Coast-guard spokesperson Dan Bate acknowledged that the demolition work was contracted on short notice, but said it was strictly to get the dock and concrete floats to another coast-guard facility quickly for repurposing.

Bate also said that the federal government is in discussions with the government of B.C. over what to do with the coast-guard building.

Since the federal government leases the land from the province, the condition of its return is the province's call, he said. LIAM BRITTEN/FOR METRO

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Traffic. Infrastructure, speed vital to reducing deaths: SFU study

A new Simon Fraser University study shows that B.C.'s traffic death rates are much higher than most Northern European countries, but states there is much the province can do to reduce it.

Meghan Winters, a health sciences professor and senior author of the study published in the Canadian Journal of Public Health, said 200 traffic deaths could be avoided in the province per year.

The study shows that among the different modes of transportation, cyclists and pedestrians carry a much higher injury risk than drivers.

But Winters said people shouldn't be discouraged to walk and cycle.

"The benefits of cycling and walking ... outweigh the risk," she said. "In the public-health perspective, they should be encouraged. But it's ... important to mitigate the risks of injuries because they are vulnerable road users."

According to B.C. traffic-collision statistics from 2003 to 2007, there were 2,163 fatalities reported. There was an average of 70 pedestrian deaths and eight cyclists killed per year.

Winters said that countries like the Netherlands, Denmark and Germany have lower rates of cycling injuries and fatality risk because of their infrastructure.

"One thing is some of these countries also have much lower speed limits," Winters said. "We know that speed kills especially for vulnerable road users so we'd look at ways in which we could reduce speed limits in particular areas."

PHYLICIA TORREVILLAS/METRO

Mitigating risk

- Winters said that using U.S. data, the study found public transit to be 20 times safer than any of the travel modes, while motorcycle riding was 25 times more dangerous.
- She also said that data about travel behaviour in Canada could be gathered by creating a national trip diary, aiding researchers to reduce fatalities.

Appeal delay for driver who struck child denied

Impaired driving. Lawyer for Carol Berner claims he has fresh evidence

NEAL HALL
The Canadian Press
exclusively for Metro

A woman convicted of a fatal impaired-driving accident that killed four-year-old Alexa Middelaer in 2008 has been denied her request to have an appeal of her sentence delayed.

A lawyer for Carol Berner had asked a B.C. Appeal Court judge to adjourn her appeal of her 2.5-year prison sentence because she wanted to wait until after the Supreme Court of Canada decided whether it would hear an appeal of her conviction.

But Appeal Court Justice Mary Newbury ruled the sentencing appeal will go ahead as planned on March 21.

So far, Berner has served only two weeks of her sentence as she awaits the results of her appeals of her sentence and conviction.

Father

Last Friday, Attorney General Shirley Bond presented Alexa Middelaer's father with the Diamond Jubilee Award for his public service.

Crown counsel John Gordon argued the high-profile case has great public interest and the delays have been difficult for the family of the child who was killed in the accident.

He said it will be the fifth anniversary of the tragedy in May. In 2010, Berner was found guilty of impaired driving causing death, impaired driving causing bodily harm, dangerous driving causing death and dangerous driving causing bodily harm.

The tragedy happened when Berner was driving north on 64th Street in Delta and lost control of her 2000 Oldsmobile after she hit two well-marked speed bumps at about 91 km/h. She then hit a parked vehicle, which in turn struck Alexa, killing her.

Carol Berner leaves provincial court in Surrey in July 2010. METRO FILE

Alexa's aunt was also hit and injured.

Berner's lawyer, David Tarnow, told court Thursday he plans to file fresh evidence as part of Berner's application for leave to appeal to the Supreme Court of Canada.

But Gordon pointed out that only 12 per cent of cases seeking leave to appeal are granted by the Supreme Court of Canada, and they have to be cases involving law of national and public importance.

Last November, the B.C. Appeal Court rejected Berner's conviction appeal after her lawyer argued the trial judge erred when he failed to enter a stay of proceedings over the destruction of Berner's vehicle following the May 2008 fatal collision.

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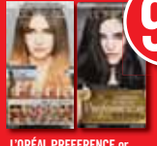

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Investigators find no wrongdoing in 3 cop-related deaths

IIO chief civilian director Richard Rosenthal addresses the media about three police incidents in which people died. In all three cases, Rosenthal found no evidence of police wrongdoing. LIAM BRITTEN/METRO

Assigning blame.
Two incidents involved self-inflicted injuries

The Independent Investigations Office (IIO) closed the books on three incidents in late 2012 where police were involved in civilian deaths, including one where police Tasered a man and declined to speak with investigators afterwards.

In all three cases, the IIO said there was no wrongdoing by police.

On Nov. 13, the Vancouver Police Department Tasered a man twice after he was found brandishing a butcher knife outside his home. He slashed his neck open and demanded to be shot by the VPD.

Once Tasered and disarmed, emergency personnel attempted to treat him, but he died of self-inflicted wounds.

But in his report, IIO chief civilian director Richard Rosenthal wrote that statements from VPD officers who deployed the Taser would have been "helpful." In a press conference Thursday morning, he acknowledged that he can't compel officers directly involved in a death to testify unless he sends the case to Crown.

"Just like any citizen, they are not required to make a statement. They can remain silent," he said. "They have that right, so I'm not going to stand up here and criticize anybody for deciding not to talk to us."

The other two deaths seemed open-and-shut. On Dec. 21, Surrey RCMP pulled over a man involved in a shooting earlier that day. He had stolen plates on his van. He shot himself once stopped.

On Dec. 27, a 72-year-old driver made a sudden left turn into oncoming traffic, and was hit by an RCMP van. He died several days later.

LIAM BRITTEN/METRO

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Alaska firm hired to develop B.C.'s spill response

'World-leading.' Plan is the second of five requirements set by province for its support of Northern Gateway

Alaska-based Nuka Research and Planning Group has been hired by the British Columbia government to assess the province's marine oil-spill risk and develop a "world-leading" spill-response plan.

The Ministry of Environment announced the agreement Thursday, following intense public scrutiny of the risks posed by Enbridge's proposed Northern Gateway pipeline project that is still under review by the National Energy Board's Joint Review Panel.

Developing an internationally recognized response plan is the second of five minimum requirements the provincial government set last year for its support of Northern Gateway.

Nuka Research operations manager Elise DeCola told Metro she expects her firm to submit several reports to government by May.

The first, expected in April, will evaluate B.C.'s current response plans, an overview of the risk currently posed by tankers and projected tanker traffic levels.

Then Nuka will shift its focus to international best practices and how B.C. can build an effective spill-response system.

"There's a short fuse for this," said DeCola. "The government is looking for information, so they've brought in someone with expertise. The government is very interested in developing a world-leading capacity for spill response."

Marine spill response is technically a federal responsibility. Denis Lebel, minister of transport, infrastructure and communities, responded to the announcement by stressing the federal government has commissioned its own pan-Canadian risk-assessment study. **MATT KIELTYKA/METRO**

Tanker sits in English Bay in January. JENNIFER GAUTHIER/METRO FILE

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Hells Angels. Crown seeks forfeiture of $104K seized during East End crackdown

The B.C. government wants $104,000 cash forfeited to the Crown after it was seized during a police investigation of the East End chapter of the Hells Angels almost a decade ago.

The Director of Civil Forfeiture filed an application this week to have the $104,000 forfeited to the Crown, where it will be used for crime-reduction programs.

The money was seized in 2004 and 2005 when a police agent, Michael Plante, infiltrated the East End Hells Angels.

The legal action says the money was an "instrument of unlawful activity" that could have been used to buy more illegal drugs and purchase property. Police wiretaps heard how one Hells Angels member wanted to purchase property in the Interior, away from police attention in Vancouver, to operate a methamphetamine lab.

The largest cash seizure was $27,980 on Nov. 23, 2004.

Most of the money was given to Plante by Kerry Renaud, who cooked up batches of methamphetamine for Hells Angels members John Punko and Randy Potts, who were arrested as part of a police roundup of more than a dozen Hells Angels and associates in July 2005. Potts has since left the Hells Angels.

Potts, Punko, Renaud and others were convicted on drug and weapons charges.

Court heard the police agent was paid $1 million for his work, which involved risking his life and wearing a "wire" to record conversations of members of the biker gang. Plante signed an agreement with police that involved paying him $500,000 after the investigation ended and the remainder after all the prosecutions were completed. **NEAL HALL/THE CANADIAN PRESS/EXCLUSIVELY FOR METRO**

Project E-Pandora

The $10-million police investigation was code-named Project E-Pandora. The E-Pandora prosecutions continued until late last year, when the police agent was given the rest of his reward money.

High danger

B.C. avalanche danger ratings hit 'extreme'

The Canadian Avalanche Centre has one word for those wanting to skive off work Friday for a jaunt in the Sea-to-Sky backcountry: Don't.

For the first time this winter, the centre issued "extreme" avalanche-danger ratings for the alpine level in the region, along with high danger at and below the treeline.

With a weather outlook that's "crappy till Saturday," according to the centre's ratings bulletin, large natural or human-triggered avalanches are almost certain. **EMILY JACKSON/METRO**

Eight-year evasion

Wanted Hope man arrested

A 38-year-old Hope man is finally facing a judge after evading a warrant for his arrest for nearly eight years.

Jason Burkard was arrested in 2004 for driving a stolen car erratically in Aldergrove, crashing into a police car, and then fleeing officers on foot.

He was released on an 18-month conditional sentence in 2005 but failed to abide by the conditions of his release by not checking in with his probation officer. Langley's crime-reduction unit eventually figured out he was living in Hope and made plans to arrest him at his home on Feb. 26, but he got wind of it and turned himself in to police first. **KATE WEBB/METRO**

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Rehab group for ex-cons plans to sue city over eviction

VisionQuest Recovery. Executive director accuses Delta mayor of charter violations

Accusations

"You can't zone by illness. You can't say, 'No drug addicts here, no people in wheelchairs there and no blind people here. Little kids with no limbs? Not allowed.'"

Jim O'Rourke, executive director of VisionQuest Recovery Society

REBEKAH FUNK
The Canadian Press exclusively for Metro

There's no room at the North Delta Inn for an drug- and-alcohol rehab program for ex-cons — it's been ordered out of the hotel it barely had a chance to call home.

A battle over bylaw infractions led the VisionQuest Recovery Society to be ousted from the inn earlier this month, merely two weeks after it occupied the space and did $11,000 in renovations.

Bylaw-enforcement officers argue the organization's use of the facility for temporary housing violates the building's commercial-zoning regulations.

Jim O'Rourke, VisionQuest's executive director and a recovered addict who did time 20 years ago for his involvement in the drug trade, said he plans to take the city to court over "charter-rights violations."

O'Rourke pointed to a July 5, 2012, council-meeting decision as proof the city has an anti-addict stance.

Council voted to restrict another building on River Road from being used as a facility for people with substance-abuse issues, even though it's zoned for use as a recovery centre.

"The City of Delta needs to know that it's not above the law," he said. "We will deal with the mayor and her ... discrimination of human rights."

The mayor, however, said the entire situation has been blown out of proportion.

"My gracious," Lois Jackson said in an interview. "This is really just a simple issue of bylaw infraction.

"These (zoning) laws come down from the provincial government; we don't make this up," she said. "They've just moved in there without doing the research to ensure that's the proper use according to the bylaw."

VisionQuest has spent about $3,000 on legal fees to appeal the eviction along with the $11,000 cost of renovations to upgrade the hotel from "skid-row" conditions, O'Rourke said.

Meanwhile, VisionQuest is in talks with the owner of Surrey's Bollywood Hotel to buy the building for about $2.5 million with a loan from BC Housing. But O'Rourke said at least five months of renovations are needed to make it livable.

William Pickering in his room at the North Delta Inn on Thursday. ERIC DREGER/THE CANADIAN PRESS

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A rendering of the new Telus tower under construction at Robson and Georgia in downtown Vancouver. CONTRIBUTED

New Telus towers to use recycled heat

Thinking green.
System will reduce energy demand from conventional sources by about 80%: Company

Companies striving to be green are often accused of blowing hot air — and Telus is proving that's a good thing.

Instead of letting heat escape from its data centre, thereby wasting the resource, the Vancouver-based company will use the energy to heat and cool the air and water in its new downtown residential and office towers.

This "district energy system," one of the first of its kind in Vancouver, will reduce carbon-dioxide emissions by one million kilograms per year, according to a company statement issued Thursday.

The company's goal is to reduce energy use and protect future tenants from rising energy costs in the future.

FortisBC, a utility, will operate the system in the million-square-foot development, which Telus plans to build to LEED platinum standards.

UBC's Centre for Interactive Research on Sustainability, which opened in 2011, operates in a similar manner, using energy from a neighbouring building.

Telus' towers, currently in development at Robson and Georgia, are slated to be finished in 2014 and 2015.

EMILY JACKSON/METRO

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A tale of two job prospects

New grads.
Good timing versus the ticking clock: Two grads tell of their success and challenges in a hostile job market

JOE LOFARO
Metro in Ottawa

Chris Meelker, 26, says luck was on his side. CONTRIBUTED

For Chris Meelker, finding work after graduating from Confederation College's Aerospace Manufacturing Engineering Technology program in 2011 was relatively easy.

After all, he had a job waiting for him at Bombardier — the largest aerospace company in Canada — before he took off his mortarboard.

The 26-year-old methods analyst said there were a few factors that led him to where he is today.

For one, he dropped out of Carleton University's engineering program in Ottawa.

"It was not what I thought it was going to be, and I could see that with the number of people there, the competition was going to be fierce," he told Metro in a phone interview from Montreal, where he works.

The program was a little too theoretical, he said, so he applied to Confederation College in Thunder Bay. In his last year, a member of Bombardier interviewed his graduating class for positions at the company.

He, along with four other graduates, passed and started work after just one month.

Not bad for someone who, at the time, was 24 and fresh out of college. He admits, though, that luck was on his side.

"I think it was really a case of timing," said Meelker. "Bombardier was working on a new program that they were hiring for, and we were graduating at the right time."

With no student debt — he worked during school and the summers — he is now saving his money to buy a new house.

When asked why some youth are struggling to find work these days, he, like most, couldn't give a clear answer.

However, he said it may be related to simple numbers.

"When you have a … class of 400 to 500 people at every major school in Canada and you think that every year they're pumping out thousands of engineering grads — how can there be demand for that sort of thing?" he said.

One of the lost

"I want to start a family.... Going back to school is counter-productive to that aim."
Aldin Basic, educated but unemployed

Aldin Basic, 26, has two degrees and no job. CONTRIBUTED

You can count Aldin Basic as one of the lost — the host of Canadian 20-somethings with a university degree that struggle to find work in their field.

In fact, Basic has two degrees — one in biochemistry and one in psychology from the University of Ottawa. He got the latter in October 2012.

But for the past four months, the 26-year-old hasn't been able to get his foot in the door. He wants to get into pharmaceutical or biomedical sales.

"Something where I can use both my theoretical knowledge and technical skills from science with communication skills that I've obtained from psychology and business," said Basic in an interview with Metro in Ottawa.

After fruitlessly sending out more than 200 job applications to various places since last May, he decided a couple of months ago to try a different approach — investing considerable time in researching positions and developing contacts within a desired company before applying.

"I heard a statistic that says only 20 per cent of jobs are actually advertised on job search engines," said Basic. "So in order to increase your hit rate, you have to somehow become part of that inner circle. And when you're a recent graduate that has no real experience within the field you're trying to get into, getting into that inner circle is very difficult."

Part of the problem, he said, is that baby boomers are staying at their jobs longer while more grads are coming out of university looking for work.

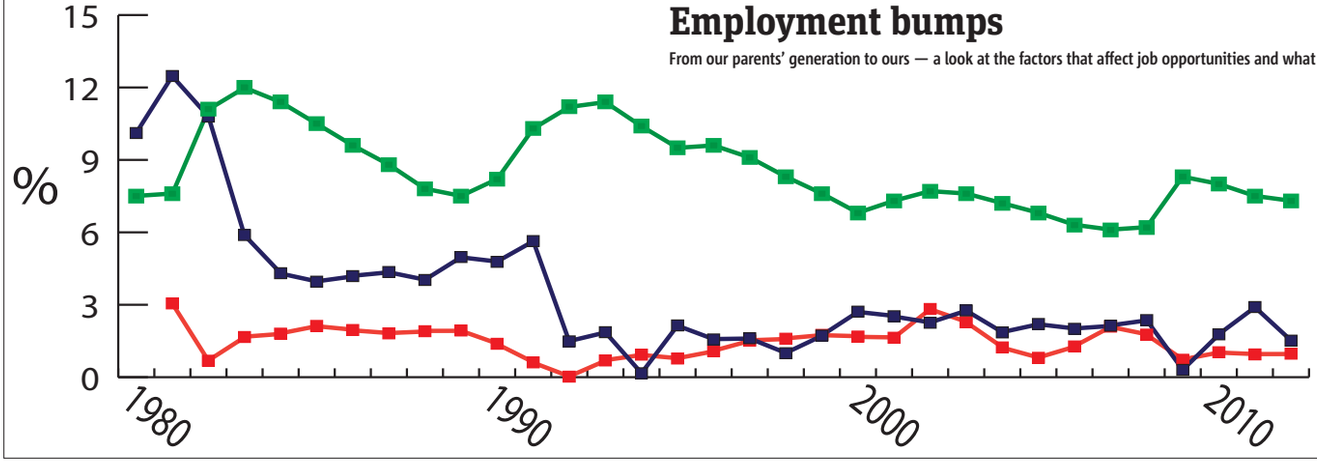
He said other stalled graduates he knows have either gone to graduate school or have gone to study other degrees. But for him, those are no longer options.

The clock is ticking. He gave himself a March 7 deadline — his 27th birthday — to find work. After that, he said he will broaden his job search outside of Ottawa.

"I want to start a family. I want to start helping my parents out at home. I want to start living a life right now," he said. "Going back to school is counterproductive to that aim."

Employment bumps

From our parents' generation to ours — a look at the factors that affect job opportunities and what you can do with your paycheque.



This ain't our parents' economy

ALEX BOUTILIER
Metro in Ottawa

When my parents were 26 and freshly out of university, they were expecting their first child and building their own house on land they owned.

Many in my generation are having a slightly … different experience as we transition into our post-undergraduate life. And we're more likely to have a harder time getting started on the next chapter.

True, unemployment among younger workers is much lower than it was after the recessions of the 1980s and 1990s. A recent study from the Certified General Accountants Association of Canada found that unemployment among younger workers between the ages of 25 and 29 was 7.8 per cent in 2011 — paling in comparison to the early '80s (12.9 per cent) and '90s (13 per cent).

At the same time, however, the barriers facing young people in getting a post-secondary education are increasing. In Ontario, tuition increased 200 per cent between 1991 and 2007, according to the Communities Foundation of Canada. Ditto for Nova Scotia — where my parents built that house — and Alberta.

Out of the loop

80%

Most businesses want to hire grads at the beginning of the final year of post-secondary education. They recruit right out of school, but 80 per cent of students don't know this, TalentEgg says.

But a bachelor's degree, we were often told, was the new high school diploma, so off we went. And then, as my colleagues of the class of 2009 emerged bleary-eyed from the Groves of Academe, we found ourselves in the height of the recession. The economics majors explained to the rest of us why that was bad.

Struggling to pay off student debt in a tough job market certainly makes it more difficult to pursue those adult goals, such as owning a home or not eating rice every meal.

But don't despair, soon-to-be-recent graduates. There are still many paths — they may just be a little more winding.

"What is key is for students to get into the job market while they are in university," explains David Lewis Rodas-Wright, the University of Ottawa's employer-relations co-ordinator.

Rodas-White points to volunteerism, employer co-ops and internships — which my friends in journalism know all too well — to build up skills prior to graduation.

There is no doubt that there's a wall waiting at the end of graduation. But it's not necessarily taller than those previous generations faced. It's just different — like the ways over it.

Does TV lie to you? Experts put six celeb job paths to the test

Who: Betty Suarez
Path: Co-op
Perception: This is a backstage pass into the labour force

"Nowadays a co-op is the best way to make connections and develop enough experience to get a job right out of school."

Lauren Friese
Founder, TalentEgg, an online job-search tool for students and new grads

Who: Hannah of Girls
Path: Internship
Perception: You will be exploited for free labour

"There isn't necessarily a job at the end of the tunnel, but it can be a positive thing."

Lauren Friese

Who: Don Draper of Mad Men
Path: Straight job
Perception: There are no jobs

"Generation Y doesn't want to work their way up. They think they deserve meaningful jobs."

Lauren Friese

Who: Gordon Ramsey of Hell's Kitchen
Path: Entrepreneur
Perception: Most businesses fail in the first three years

"I see it as taking on a mortgage versus renting. Taking on a mortgage is a lot more risk but at the end of the day, it's yours."

Megan Summers
Founder, DinnerPlate, a catering logistics company

Who: Mike Holmes of Holmes on Homes
Path: Entrepreneur
Perception: It's dirty work

"We're looking at shortages of trades people because over the last couple of decades we've told students to go and get tech jobs."

Ingrid Argyle
Project manager
Ottawa Integrated Local Labour Market

Who: Sheldon from the Big Bang Theory
Path: Forever student
Perception: You will be over-educated and underemployed

"In university life, the job is to study and perform. The problem is they don't have a chance to get out and connect with people in the labour market."

David Lewis Rodas-Wright
Spokesperson, employer relations at University of Ottawa

METRO

Youth on the chopping block

STEVE COLLINS
For Metro in Ottawa

If you're young and out of work, you may feel the deck's stacked against you — and some of the numbers agree.

Youth unemployment "tends to hover at about twice the national rate," said BMO senior economist Sal Guatieri, who notes it peaked at 16.4 per cent during the recent economic downturn. For those 25 and over, it peaked at 7.3 per cent.

Worse, according to a study by the Community Foundations of Canada, youth aged 15 to 24, who make up 16 per cent of the work force, accounted for 50 per cent of the recession's job losses.

"It's last in, first out for those with the least experience or seniority," Guatieri said.

The good news, he offered, is that while youth employment took the biggest hit when the job market tightened, it's also on a faster rebound.

"The youth unemployment rate has fallen twice as fast as the adult unemployment rate since peaking," he said. "It's just that it, of course, peaked at a much higher level."

He advises young people to "be patient and get as much education and training for the type of jobs that are in demand today: the high-tech positions, the professional services — those kind of jobs." Then wait for the economic picture to improve.

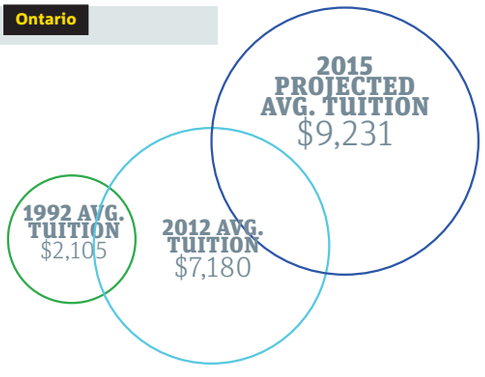
Job cuts

"It's last in, first out for those with the least experience or seniority."
Sal Guatieri, BMO senior economist

"We really are dependant on the American consumer to pick up their socks and spend a little faster before Canadian exports recover and our economy strengthens," he said.

"We see that scenario unfolding later this year and into next year, so it may just be a matter of time before the youth unemployment rate falls more significantly."

Ontario



SOURCE: CANDIAN FEDERATION OF STUDENTS

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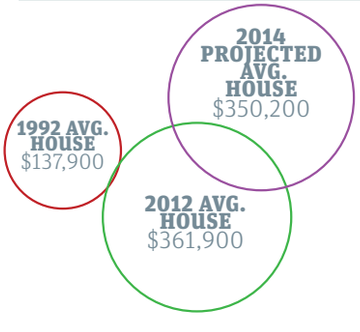

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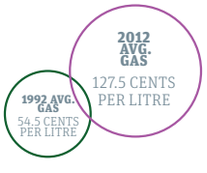

SOURCE: KENT MARKETING SERVICES

As students embark on post-secondary education, they are met with increasingly high levels of tuition. That, coupled with the increasing cost of living, and a daunting job market, can make expectations that much more unmanageable. METRO

Exclusively online

Head online to metronews.ca for interviews with experts who tackle the pressing questions:

Talent recruiter Stefan Danis helps youth cut through today's tough jobs market

- Is it really harder for today's grads to get jobs?
- How long is a good resumé?
- What's the biggest job seeking mistake?

Youth job market's 10-year outlook is a storm for students, says expert

- How is the "go to school, get a degree, get a good job" career path working today?
- Is it time to redefine how we measure success?
- If we can't find jobs, should we become entrepreneurs?

Young entrepreneurs encourage those struggling to set up small businesses

- Is it best to get startup funding from the Canadian government?
- What role does starting capital play in beginning a business?
- What advice would you give an aspiring business major?

Benedict XVI promises obedience to new Pope

Young priests in Rome wave to the helicopter taking Pope Benedict XVI from the Vatican to Castel Gandolfo. THE ASSOCIATED PRESS/ANGELO CARCONI

Emeritus. As he leaves the Vatican, ex-pontiff says he's beginning the final stage of his life as 'simply a pilgrim'

Benedict XVI became the first pope in 600 years to resign Thursday, ending an eight-year pontificate shaped by struggles to move the church past sex abuse scandals and to reawaken Christianity in an indifferent world.

As bells tolled, the Swiss Guard standing at attention in the papal retreat of Castel Gandolfo shut the doors of the palazzo shortly after 8 p.m. Thursday (2 p.m. EST), symbolically closing out a papacy whose legacy will be most marked by the way it ended — a resignation.

In a changing of the guard, the Swiss Guards, in their yellow-and-blue striped uniforms, handed over responsibility of protecting the 85-year-old Benedict to Vatican police as some of the faithful outside shouted "Viva il papa!"

The pope's journey into retirement began with an emotional send-off from the Vatican, Swiss Guards in full regalia and prelates kneeling to kiss Benedict's ring.

THE ASSOCIATED PRES

'Viva il papa!': Crowd

Benedict waves goodbye. AP

On Thursday, Benedict told his cardinals, "Among you is ... the future pope, whom I today promise my unconditional reverence and obedience."

- "May the College of Cardinals work like an orchestra ... toward a higher and harmonious agreement," he said.

'Sweet Sistine'. Could a cardinal from Africa be the next pope?

Now that Pope Benedict XVI has officially stepped down, speculation about who will be the next to wear the shoes of the fisherman is ramping up.

A number of front-runners have emerged, including Canada's own Cardinal Marc Ouellet, as well as Italy's Angelo Scola. However, based on Google searches in the past 30 days, people on the Internet seem to be showing interest in a candidate from the developing world.

Searches for Ghana's Cardinal Peter Turkson spiked following Benedict's resignation, and he is still enjoying a small lead over the competition.

Ouellet is sitting in third, only slightly behind Scola.

Search volume for the "Sweet Sistine" is highest in Poland, home to Pope John Paul II.

Italy and Mexico round out the top three.

The cardinals will convene a conclave in the coming weeks and it's expected the world's 1.2 billion Catholics will have a new pope by Easter.

LUKE SIMCOE/METRO ONLINE

Cardinal Angelo Scola of Italy GETTY IMAGES

Cardinal Peter Turkson of Ghana, Africa GETTY IMAGES

Cardinal Marc Ouellet of Quebec GETTY IMAGES

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A little less pepper and a bit more sodium citrate

Flavour spheres created by Modernist Pantry owners Christopher Anderson and Janie Wang using their spherification products. CHERYL SENTER/THE ASSOCIATED PRESS

Milk, eggs, cheese, transglutaminase, sodium citrate ...

It may not sound like the last grocery list you wrote, but the growing appeal of so-called modernist cooking — a science-tastic take on haute cuisine — has more home cooks adding laboratory-worthy ingredients and gizmos to their shopping. And that, of course, has spawned a mini-niche of online companies selling everything you need to play culinary alchemist at home.

At least a half-dozen companies now sell once-elusive ingredients like sodium citrate to emulsify cheeses into creamy sauces, "popping sugar" that explodes in your mouth, and "meat glue" — transglutaminase — to create dishes like tilapia spaghetti ("spaghetti" made from tilapia). Alongside traditional equipment like cookie sheets and hand mixers, you can purchase pipettes to create "caviar" from various liquids or smoke torches that infuse smoke flavour into dishes without heating them up.

Even big retailers are getting in on the action. Williams-Sonoma carries machines known as "sous vide," which cook using a warm water bath. Amazon offers ingredients such as agar-agar (to make gelatins) and xanthan gum (to thicken sauces), as well as whipping siphons to create foams and digital scales that allow the home chef to weigh down to the hundredth of a gram. How's that for precision cooking? THE ASSOCIATED PRESS

Storefront

Chris Anderson launched Modernist Pantry with his wife two years ago when he couldn't find ingredients needed for his culinary dabbling. Today, Pantry carries more than 300 ingredients for home chefs.

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Dead no more?

This image shows a scene from the AMC hit The Walking Dead. Negotiations over a distribution deal between U.S.-based AMC and media giant Rogers Communications are heating up. Some Rogers customers reported Wednesday that online banner advertisements informed them that they "lost" or will lose The Walking Dead on their lineup. The confusing ads — AMC was still being carried by Rogers — seem to be displayed to customers with Rogers IP addresses. A spokeswoman said Rogers has no plans to pull the channel. Earlier this week, AMC warned some Canadians that they were at risk of losing popular shows if an agreement is not reached by Thursday at 11:59 p.m.

RUSSELL KAYE/AMC/THE ASSOCIATED PRESS

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Lost your wallet? Get your phone out

Make like a pigeon. 'Stickers' let you home in on lost items via Bluetooth device

Jimmy Buchheim is behaving oddly.

On the floor of the world's largest cellphone trade show in Barcelona, Spain, he's looking at the screen of his iPod Touch, taking a few steps, and then looking again. Now and then he backtracks or turns, and looks again. Slowly, he confines his movements to a smaller and smaller area. Then he drops to his knees, and checks the screen again.

"There we are!" he says.

Buchheim has found his keys, which had been hidden behind a wastebasket by a skeptical reporter. On the key ring is a small disc, slightly bigger than a quarter. That's what Buchheim was homing in on, with his iPod.

Buchheim's Davie, Fla.-based company, Stick-N-Find Technologies, wants to give people a way to find things, whether it's keys, wallets, TV remotes or cat collars.

Stick-N-Find THE ASSOCIATED PRESS

There's no real trick to sending out a radio signal and having a phone pick it up. That's been done before. What makes the Stick-N-Find practical is a new radio technology known as Bluetooth Low Energy, which drastically reduces the battery power needed to send out a signal. That means the disc can be small, light enough for its sticky back to adhere to a lot of surfaces and be powered by a battery that lasts up to two years without recharging. The signal can be picked up as far as 300 feet away, under ideal circumstances. At the wireless show though, the range was about 20 feet.

One downside: It's not cheap. Stick-N-Find charges $50 for two "stickers" from its first production run.

Another downside is that few devices can pick up the signals. Bluetooth Low Energy is expected to become a standard feature in phones, but it's not yet. Also, it won't tell you exactly where your sticker is located, only how far away it is.

THE ASSOCIATED PRESS

Heel!

Users can set up a virtual "leash" between a sticker and a Bluetooth device. When the two move a certain distance away from each other, the sticker can start beeping, or the device's screen can show an alert. That way, you could use a sticker in your wallet, linked to your phone, to let you know if you're leaving either one behind.

February optimism

Small-business confidence up

Small businesses appear to be feeling more optimistic, according to the latest survey by the Canadian Federation of Independent Business. The CFIB says its index rose a half a point to 66.2 on a scale of zero to 100. More than 50 means owners who expect their operations to be stronger in the next year outnumber those expecting a weaker performance. Alberta business owners remain the most optimistic. Ontario is slightly below the national average. THE CANADIAN PRESS

Market Minute

DOLLAR 96.96¢ US (-0.79¢)

TSX 12,821.83 (+89.44)

OIL $92.05 US (-71¢)

GOLD $1,578.10 US (-$17.60)

Natural gas: $3.48 US (+7¢)
Dow Jones: 14,054.49 (-20.88)

Education. Apple says iTunes U downloads top 1B

Apple says people have downloaded more than one billion items from iTunes U, which features free books, lectures and other information from schools, libraries and museums around the world.

Apple Inc. said Thursday that there are now single iTunes U courses with more than 250,000 students enrolled in them. Eddy Cue, senior vice-president of Internet software and services, calls this a "phenomenal shift in the way we teach and learn."

Apple says more than 1,200 universities and 1,200 K-12 schools host courses on iTunes U. Stanford University in Palo Alto, Calif., and The Open University, an online learning centre based in the U.K., each had more than 60 million pieces of content downloaded.

Apple logo THE ASSOCIATED PRESS FILE

THE ASSOCIATED PRESS

Group Gone Broke

Girls Gone Wild files Chapter 11

The company behind the Girls Gone Wild videos has filed for bankruptcy in a move it says is an effort to restructure its legal affairs after disputed court judgments. GGW Brands LLC and several subsidiaries listed more than $16 million in disputed claims, including $10.3 million that Wynn Resorts Limited is seeking from GGW's founder over a gambling debt and statements he made about the casino and its founder.

THE ASSOCIATED PRESS

Always keep cash on you

Google holding onto $48B: CFO

Google's CFO says the company plans to cling to its $48 billion stash of cash to pay for potential acquisitions and other investments that could boost profits.

The money management of publicly traded companies is getting more attention as more firms hoard huge amounts of cash instead of introducing or increasing dividends to reward stockholders.

THE ASSOCIATED PRESS

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TAYLOR SWIFT, GOAT GOT YOUR TONGUE?

THE LIST
Paul Sullivan
metronews.ca

Another wacky week for the world …

1 **Oscar Badness.** The week opened way off Broadway with the Seth MacFarlane-hosted Oscars. The creator of Family Guy managed to offend everyone's sensibilities with jokes and skits about Jews, gays, boobs, African-Americans and Abraham Lincoln's assassination. But the ratings were up! What a relief!

2 **How Many Supreme Court Judges …** Speaking of hate, did anyone understand the Supreme Court of Canada's ruling about some guy in Saskatchewan who says vicious things about gay people (no joke)? According to the venerable judges, it's free speech to go ahead and offend other people, but it's illegal if, in the process, it exposes those people to hatred. By that test, is it OK for Shakespeare to declare "Kill all the lawyers," unless someone actually does?

3 **Pope No More.** Meanwhile, the Pope has left the building. The Vatican, that is. For the first time in 600 years, the Pope resigned. Not much has changed however. Pope Emeritus Benedict will still be called His Holiness, still gets to wear a white cassock and still thinks gay marriage is a carefree union between a man and a woman.

4 **In Other Goofy Italian News.** Silvio Berlusconi, the exact opposite of the Pope, made a surprising comeback and finished a close second in the Italian election. The stock market wasn't the only institution that reacted badly to the news that the bunga-bunga party guy is back. The Pope didn't resign. He quit in disgust.

5 **Beam Us Up, Scotty.** Former space tourist and multi-millionaire Dennis Tito is teaming up with SpaceX to send a middle-aged married couple to Mars as early as 2018, an entirely privately funded expedition. To Mars, but not on Mars, as the closest they get will be 100 miles. They'll orbit the Red Planet, then turn around and come home. Imagine a 501-day road trip in a Mini with your spouse and you can only begin to comprehend what a perilous mission this is.

6 **Who Knew?** It's not Atlantis, it's Mauritia. Not a sneeze but a lost continent that sank off the coast of Madagascar. Mauritia wasn't really much as continents go, only about a quarter the size of Madagascar, but when you lose something that big, why does it take 85 million years to notice? So Atlantis could be down there somewhere. We just have to wait for James Cameron to find it.

7 **Taylor Swift, Got Yer Goat.** Gotta love the Internet. A magnificent tool for sharing knowledge and YouTube videos of Goats Yelling Like Humans, including a mix of Taylor Swift singing and goats yelling. The challenge is to tell them apart. I'm not making this up: youtu.be/LEdqn-Gtg-s

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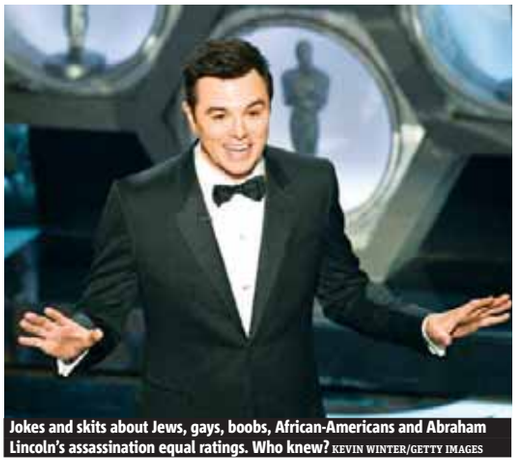


Jokes and skits about Jews, gays, boobs, African-Americans and Abraham Lincoln's assassination equal ratings. Who knew? KEVIN WINTER/GETTY IMAGES

Polar's molar checkup

MCT VIA GETTY IMAGES

Animal procedure

Polar bear gets root-canal routine

For his routine dentist checkup, this fearsome predatory animal needed a general anesthetic — for his comfort and the safety of others. Boris, one of three resident polar bears at the Point Defiance Zoo & Aquarium in Tacoma, Wash., underwent a root-canal exam last weekend to repair an infected canine tooth. MWN

Boris the polar bear

- **Length.** About nine feet.
- **Weight.** 922 pounds.
- **Born.** Dec. 15, 1985, at the Rostock Zoo in Germany.
- **Arrival at current zoo.** November 2002 after being rescued from a circus in Puerto Rico.
- **Life expectancy.** As long as 40 years (captivity), 30 (in the wild).

Sequence of events

12 staff members help bear weight

A veterinarian went to the zoo's Arctic Tundra exhibit last Saturday and shot Boris with a tranquilizer. The bear was then given a sedative before a dozen able-bodied staff members hoisted the massive animal onto a stretcher. Afterwards, the animal was put on a padded operating table and placed on a ventilator to allow medical staff to examine him. MWN

Procedure in numbers

4.5

hours is how long Boris's procedure took.

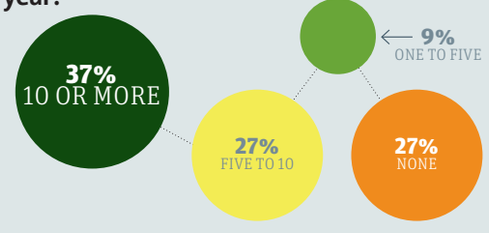
Apart from his root-canal treatment, Boris had a lump removed from his eye to improve his vision, and got his claws trimmed.

Boris was on his paws walking about two hours after the medical work, eating soft foods and receiving painkillers.

Metropolitan Panel

Register at metropolitanpanel.ca and take the quick poll

How many books will you likely read this year?



Twitter

@Matt_Metzner: Vancouver drivers have some serious issues, this thing is off the ground http://instagr.am/p/WSlNKgBoIS/

@vancouverboomer: @situpvancouver wouldn't risk my life on a bike in Vancouver, as I've seen the drivers, + they've sworn at me and almost hit me as a pedes.

@katy_schroeder: I'm over it. #vancouver #rainydays http://instagr.am/p/WSlhlyhPva/

@AllaDrigola: Anyone else feel like the "Vancouver warning for severe rainfall" is a bit redundant?

@Gerysendra: Cardiff City striker Robert Earnshaw joins Major League Soccer's Toronto and hopes to play against Vancouver on Saturday.

@vancityweather: @CandiceWhitlaw @weathernetwork Haha! "Vancouver weather - just not complete without a rainfall warning!"

metro

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Nicholas Hoult stars in Jack the Giant Slayer. CONTRIBUTED

Reel Guys

RICHARD CROUSE AND MARK BRESLIN

Fee, fi, fo, humdrum?

Jack the Giant Slayer. This retelling of a classic fairy tale gets mixed reviews

Richard: Mark, this is what used to be called a "ripping good yarn." It's got all the ingredients of classic fairy tales — a pretty princess, heroics galore, a dash of romance and loads of giant slaying! It's a change from the usual Hollywood fairy tale retellings in that it remains fairly true to the source — there's no Snow White and the Huntsman style ennui here — but what starts out as a family friendly romp turns much darker near the end and won't be appropriate for younger Jack and the Beanstalk fans.

Mark: I agree with "ripping," I'm fine with "yarn." It's "good" I have trouble with. I thought it was made for people who enjoyed Clash of the Titans but found it a wee bit too cerebral. Here's my plot synopsis: A giant beanstalk opens up a portal between Earth and the skies above, and one hour and 46 minutes of the audience's time is lost forever ... I may never eat edamame again.

RC: But edamame is delicious! And so are parts of this movie. A small family could live underneath Nicholas Hoult's cheekbones and the giants are really cool. It's a large-scale CGI epic like Clash of the Titans, but I thought this one was far more successful in creating a world for the characters to live in. It's a simple story of good versus evil, and in a battle between Clash's Kraken and this movie's giants, I'd bet on the giants.

MB: The giants give good grunt, I'll give you that, but there's not a lot of good dialogue in this picture and the acting is rote. Let's face it, the beanstalk has the best part.

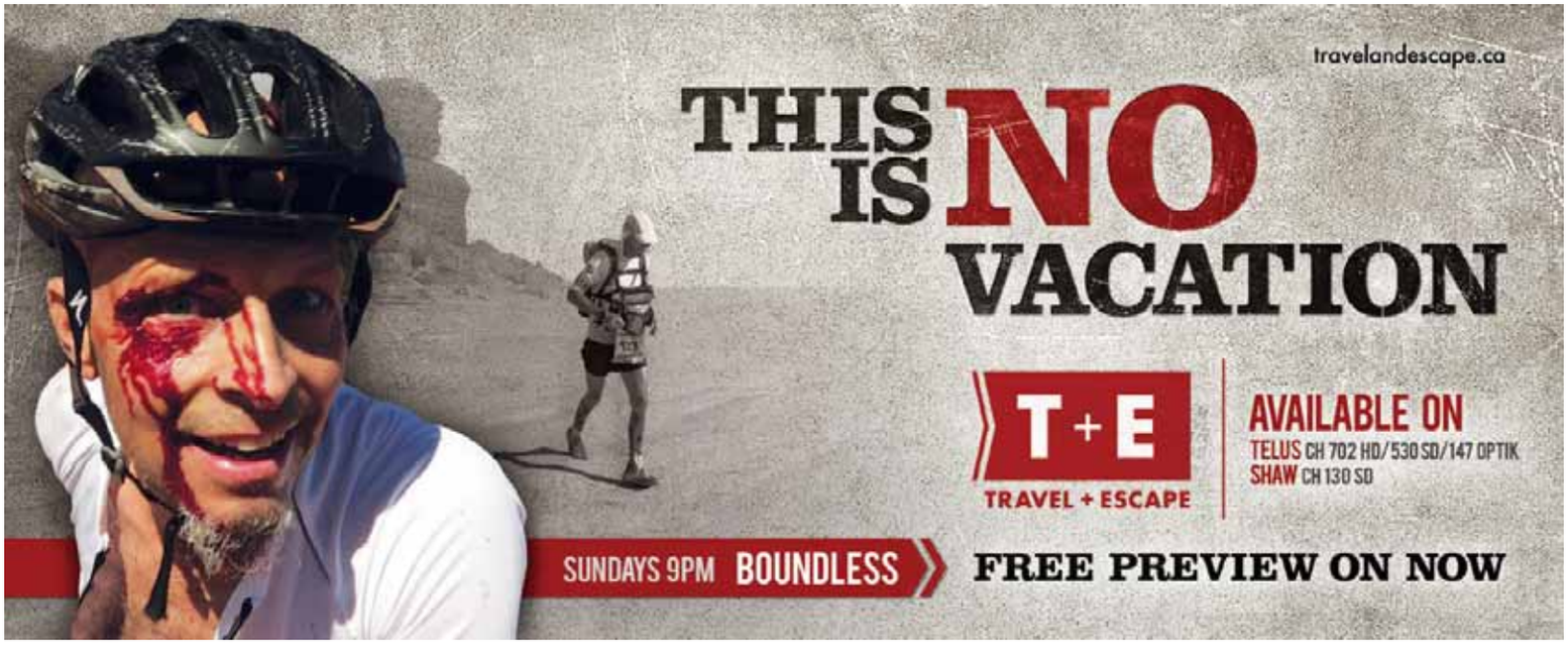
RC: The beanstalk certainly takes top billing, but I thought it was fun to see Ewen Bremner — Spud from Trainspotting — in a juicy villain role, backing up an evil Stanley Tucci, who seems to be having fun here. I saw it as a large-scale English pantomime without the songs. There's slapstick, elaborate costumes and you're supposed to boo at the bad guys and cheer for the heroes. It won't become a staple in my DVD collection, but I enjoyed watching the giant chef prepare pigs-in-a-blanket with live pigs!

MB: Richard, that's the one witty note in the picture, and it made me laugh too. So much more could have been made of the giants' surreal world, but the film is surprisingly ... earthbound.

Synopsis

The action in this epic retelling of Jack and the Beanstalk begins when the king's advisor Roderick (Stanley Tucci) hatches a plot to steal an enchanted crown and six magic beans that hold the key to opening a gateway between Earth and Gantua, the land of the giants. Enter poor farmer Jack (Nicholas Hoult) who becomes involved when he unwittingly sows a seed that sprouts a giant beanstalk, literally shooting the princess Isabelle (Eleanor Tomlinson) skyward into the humongous hands of the giants. Determined to rescue her, Jack battles the giants, wins the respect of the king and the love of a princess.

- Richard: ●●●○○
- Mark: ●●○○○



Just give it to the best Canadian mime

Martin Short
GETTY IMAGES

Canadian Screen Awards. Gemini and Genies replaced by one big event

The inaugural Canadian Screen Awards combine the previous Gemini and Genie Awards into one joint TV and film celebration, but that's not enough for comic Naomi Snieckus.

In the name of efficiency, she suggests throwing in the theatre world's Dora Awards — as well as a miming competition for good measure — to create an all-encompassing prize.

"It's going to be called the Mime-sies. Or the Dora-ginies," says Snieckus, best known as smart-aleck gym teacher Bobbi on CBC-TV's Mr. D.

For those still wrapping their heads around Canada's newest entertainment prize, the Canadian Screen Awards honour the best in homegrown film, television and digital projects and will be broadcast Sunday on CBC-TV.

It replaces the previous Gemini Awards, which saluted Canuck-made TV, and the Genie Awards, which celebrated Canuck-made movies.

"We are in a time when no one has time for two awards nights. We have to put them together — we get it down, we party hard for one night. Compact," explains Snieckus, who will co-host CBC's online live stream from the red carpet.

"You know, I think it could be done in 10 minutes," adds fellow comic Matt Baram, from the City sitcom Seed.

"We don't need a long awards show just because we've combined all the awards. In fact, why don't they just make one award and give it to the best Canadian?"

The revamped bash is part of sweeping changes the Academy of Canadian Cinema & Television brought in to draw bigger audiences to "a bigger show with bigger impact."

Martin Short adds Hollywood heft as show host and a slew of cross-border stars have been recruited to present trophies: Sandra Oh, Genevieve Bujold, Jay Baruchel, Adam Beach, James Cromwell and Catherine O'Hara among them.

Short, who hosted the Geminis in 1989, says he's intent on making the inaugural gala entertaining, noting that he might unleash "a song or two."

And he approves of the combined format, admitting that he's fed up with the seemingly endless parade of award shows in the United States.

"Down here there are too many award shows. I mean, when I was a kid there were the Oscars and the Emmys. And now there are five examples of the Oscars before the Oscars. So it does kind of upstage a little bit and make it a little less special than it used to be." THE CANADIAN PRESS

Kim Cattrall recognized

- Sex and the City star Kim Cattrall is being recognized for her body of work. The actress will receive a special prize for "outstanding artistic contribution to film and television" at the inaugural Canadian Screen Awards.
- The award recognizes "a remarkable person who has made their mark on the film and television industry." Academy head Helga Stephenson says Cattrall "is a fabulously successful Canadian performer who proudly embraces both sides of the border."

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Williams takes viewers back over the rainbow

Oz the Great and Powerful. Actress takes a departure from serious, dour films in her role as Glinda the Good Witch

NED EHRBAR
Metro World News in Hollywood

Michelle Williams as Glinda the Good Witch in Oz the Great and Powerful. CONTRIBUTED

In Oz the Great and Powerful, Michelle Williams takes on one of the most iconic screen characters in Hollywood history, Glinda the Good Witch, first seen in the Wizard of Oz. It's not her first time tackling an icon — or even an icon popular with drag queens.

The Wizard of Oz is popular with the drag community. Have you given any thought to the idea of drag queens taking on your role?
Yeah, baby! Yes, yes. Bring it on. I feel like they would put a naughty under the nice.

Have you ever seen a drag interpretation of one of your roles?
Marilyn probably doesn't count, but there's clearly a lot out there. While I was making the movie I saw this drag performance of Marilyn on YouTube and I had to shut it down within 10 seconds because I was like, "That motherf—er is better than me. That motherf—er! I will never match what he's able to do." He was recreating all of her famous numbers to a T. But ... I can't imagine Wendy from Wendy and Lucy is big on the drag circuit.

It's oddly refreshing to see you in a movie that's so...
Happy?

Your films over the last few years have leaned toward the serious and dour, yes. Was this a conscious effort to get something a bit lighter on your filmography?
I never think about it from an outside point of view, like, "Now it's time to do something light." But I did feel within my own soul, I felt like I'd had the marrow sucked out of me, especially with My Week With Marilyn, just because it was so difficult. The core of who she was was very affecting for me to live inside of, so I was feeling more open to doing something that didn't come at a personal cost. For me, I never feel like, "Oh, I have so many things to choose from and I just can't pick. There's just so many great options." It's kind of like desert, desert, desert, desert, oasis! So when that comes along, when I have that feeling from reading a script, whether it's big or small or light or dark, it's really more about if I see an outline of a character that I want to fill in.

I'd assume that you're getting sent all of the best stuff out there.
I haven't worked since I made this movie. I haven't worked in over a year. It was a conscious choice, I definitely wanted to take some time off. This was a long movie to make and I like my life and it takes a lot to take me away from my family. But that choice wasn't ... constantly tested, for better or worse.

Comedy

21 & Over

Stars. Miles Teller, Skylar Astin, Justin Chon

Directors. Jon Lucas, Scott Moore

The raucous directorial debut from The Hangover writers Jon Lucas and Scott Moore gives us one 21st birthday you'll wish you could forget. When former high school buddies Miller and Casey reunite to celebrate their friend Jeff Chang's big day, 24 hours of debauchery puts their friendships and futures to the test. Coming of age has never been so tedious in this lacklustre comedy that relies solely on vomit, male nudity and ethnic stereotypes for laughs. This unimaginative college try is about as juvenile as it gets.
MANORI RAVINDRAN/METRO

Documentary

The Gatekeepers

Stars. Ami Ayalon, Avi Dichter

Director. Dror Moreh

The Gatekeepers examines 45 years of fruitless peacemaking in the Israeli-Palestinian conflict from those directly responsible for its security, the heads of secret agency Shin Bet. The Oscar foreign-language nominee certainly creates a chilling atmosphere with its secret footage and seemingly futile outlook, but ultimately that disparate account leads to what may be missing in most of the movies we see that deal with the subject from a victim's perspective. STEVE GOW/METRO

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OMNIMAX Theatre Science World
1455 Quebec St., 604-443-7443

Pulse: A Stomp Odyssey (STC) A.M. Tue 11
Rocky Mountain Express (STC) Fri-Thu 1-3
To the Arctic (G) Fri 12-2 Sat-Sun 12-2-4

Mon-Thu 12-2

Dunbar Theatre
4555 Dunbar Street

Identity Thief (14A) Fri 7-9:20 Sat-Sun 2-4:20-7-9:20 Mon-Wed 7-9:20 Thu 9:20
Oz the Great and Powerful 3D (PG) Thu 9:30

Fifth Avenue Cinemas
2110 Burrard Street

Amour (PG) Fri 6:40-9:20 Sat-Thu 1:15-4-6:40-9:20
The Gatekeepers (PG) Fri 7:10-9:35 Sat-Thu 2:15-4:40-7:10-9:35
Life of Pi 3D (G) Fri 6:50-9:30 Sat-Wed 1-4:10-6:50-9:30 Thu 1-4:10-9:30
Silver Linings Playbook (14A) Fri 7-9:40 Sat-Thu 1:30-4:20-7-9:40
Zero Dark Thirty (14A) Fri 7:20 Sat-Thu 12:45-3:50-7:20

Pacific Cinémathèque
1131 Howe Street

First on the Moon (STC) Thu 8:45
A Fistful of Dollars (PG) Fri 6:30 Sat 8:20 Wed 8:30
For a Few Dollars More (PG) Sun 6 Mon 8:35
Navajo Joe (STC) Fri 8:30 Sat 6:30 Tue 6:30
Sabata (STC) Sun 8:25 Mon 6:30 Tue 8:25
To the Stars by Hard Ways (STC) Thu 6:30

Park Theatre
3440 Cambie Street

Oz the Great and Powerful 3D (PG) Thu 9:15
Quartet (PG) Fri 7-9:15 Sat-Sun 2:15-4:30-7-9:15 Mon-Wed 4:30-7-9:15 Thu 4:30-7

Rio on Broadway
1660 E. Broadway

Embedded (STC) Thu 7-9:30
The Hollow Tree (STC) Sat 3
Josh (STC) Sun 2:30
No Films Showing Today (STC) Wed
Pearls of the Far East (STC) Sun 6
Saturday Night Fever (STC) Sat 9
Searching for Sugar Man (PG) Mon-Tue 7-9
Wayne's World (STC) Fri 11

Scotiabank Theatre Vancouver
900 Burrard St.

21 and Over (14A) Fri 1:15-3:35-5:55-8:20-10:40 Sat 1:30-3:35-5:55-8:20-10:40 Sun 12:50-3:15-5:35-8-10:20 Mon 1:15-3:30-5:45-8:05-10:25 Tue 1:15-3:35-5:55-8:20-10:40 Wed-Thu 1:15-3:30-5:45-8:05-10:25
Django Unchained (14A) Fri 12-3:30-7-10:25 Sat 3:30-7-10:25 Sun 12-3:30-7-10:25 Mon 2-5:40-9:15 Tue 12-3:30-7-10:25 Wed-Thu 2-5:40-9:15
A Good Day to Die Hard (14A) Fri 12:15-2:45-5:20-7:50-10:15 Sat 10:45-1:10-3-5:20-7:50-10:15 Sun 12:20-2:45-5:20-7:50-10:15 Mon 2:45-5:20-7:20-9:45 Tue 12:15-2:45-5:20-7:50-10:15 Wed-Thu 2:45-5:20-7:20-9:45
Identity Thief (14A) Fri 1:50-4:30-7:30-10:10 Sat 11-1:50-4:30-7:30-10:10 Sun-Thu 1:50-4:30-7:30-10:10
Jack the Giant Slayer 3D (PG) Fri 2:15-5-7:45-10:30 Sat 11:30-2:15-5-7:45-10:30 Sun-Wed 2:15-5-7:45-10:30 Thu 7:45-10:30 Thu 2:15-5
Life of Pi 3D (G) Fri 1-3:55-6:50-9:50 Sat 11-1-3:55-6:50-9:50 Sun 1-3:55-6:50-9:50 Mon 1:15-4:10-7:10-10:05 Tue 1-3:55-6:50-9:50 Wed 1:15-4:10-7:10-10:05 Thu 1:15-4:10-10:05
The Metropolitan Opera: Parsifal Live (STC) Sat 9
Oz the Great and Powerful 3D (PG) Thu 9
Snitch (PG) Fri-Sat 12:30-3-5:35-8:10-10:45 Sun-Mon 1:45-4:25-7:15-10 Tue 12:30-3-5:35-8:10-10:45 Wed-Thu 1:45-4:25-7:15-10
U2 3D (G) Wed-Thu 7:30
Warm Bodies (PG) Fri-Sat 12:20-2:50-5:25-8-10:40 Sun 12:10-2:40-5:15-7:55-10:30 Mon 2:20-5-7:40-10:20 Tue 12:20-2:50-5:25-8-10:40 Wed 2:20-5-10:20 Thu 2:20-5
Zero Dark Thirty (14A) Fri 12:15-3:40-7:15-10:35 Sat 3:40-7:15-10:35 Sun 12:15-3:35-7:05-10:25 Mon 3:20-6:45-10:15 Tue 12:15-3:40-7:15-10:35 Wed 2:10-10:15 Thu 3:20-6:45-10:15

Esplanade 6
200 West Esplanade

21 and Over (14A) Presentation, Fri 7:20-9:35 Presentation, Sat-Sun 12:30-3:45-7:20-9:35 Presentation, Mon-Thu 7:20-9:35
Amour (PG) Presentation, , Sub-Titled Fri 6:30-9:15 Presentation, , Sub-Titled Sat-Sun 12:45-3:30-6:30-9:15 Presentation, , Sub-Titled Mon-Wed 6:30-9:15
The Last Exorcism Part II (14A) Presentation, Fri 7:10-9:40 Presentation, Sat-Sun 12:50-3:40-7:10-9:40 Presentation, Mon-Thu 7:10-9:40
Oz the Great and Powerful (PG) Presentation, Thu 9
Safe Haven (PG) Presentation, Fri 7-9:30 Presentation, Sat-Sun 1-4:10-7-9:30 Presentation, Mon-Thu 7-9:30
Silver Linings Playbook (14A) Presentation, Fri 6:40-9:20 Presentation, Sat-Sun 12:40-3:50-6:40-9:20 Presentation, Mon-Thu 6:40-9:20
Snitch (PG) Presentation, Fri 6:50-9:25 Presentation, Sat-Sun 12:55-4-6:50-9:25 Presentation, Mon-Thu 6:50-9:25

Park & Tilford
333 Brooksbank Ave.

Dark Skies (14A) Fri 7:30-9:50 Sat 5-7:30-9:50 Sun 2:30-5-7:30-9:50 Mon-Thu 7:30-9:50
Escape From Planet Earth (G) Sat 11:50-2:15 Sun 2:15
Escape From Planet Earth 3D (G) Fri 7:05-9:30 Sat-Sun 4:45-7:05-9:30 Mon-Thu 7:05-9:30
Identity Thief (14A) Fri 7:35-10:15 Sat 11:30-2:05-4:55-7:35-10:15 Sun 2:05-4:55-7:35-10:15 Mon-Thu 7:10-9:55 Star & Strollers Screening Thu 1
Jack the Giant Slayer 3D (PG) Fri 7:15-10 Sat 11-1:45-4:35-7:15-10 Sun 1:45-4:35-7:15-10 Mon-Thu 7:15-10
Life of Pi 3D (G) Fri 7-9:45 Sat-Sun 1:15-4:05-7-9:45 Mon-Thu 7-9:45
The Metropolitan Opera: Parsifal Live (STC) Sat 9
Quartet (PG) Fri 7:20-9:45 Sat 11:40-2:10-4:40-7:20-9:45 Sun 2:10-4:40-7:20-9:45 Mon-Tue 7:20-9:40 Wed 9:40 Thu 7:20-9:40 Star & Strollers Screening Thu 1

SilverCity Riverport
14211 Entertainment Way

21 and Over (14A) Fri-Sun 1:15-3:35-5:55-8:15-10:40 Mon-Thu 2:45-5:30-7:55-10:20
Dark Skies (14A) Fri-Sat 12:25-3-5:30-8-10:50 Sun 12:25-3-5:30-8-10:30 Mon-Thu 2:40-5:15-7:50-10:25
Escape From Planet Earth (G) Fri-Sun 12:15 Mon-Thu 2:10
Escape From Planet Earth 3D (G) Fri-Sun 2:35-5-7:30-9:50 Mon-Wed 4:30-7-9:35 Thu 4:30-7-9:40
A Good Day to Die Hard (14A) Fri-Sun 12:20-2:45-5:20-7:55-10:25 Mon-Thu 2:45-5:20-7:55-10:30
The Hobbit: An Unexpected Journey (PG) Fri-Thu 1:45
The Hobbit: An Unexpected Journey 3D (PG) Fri-Tue 5:40-9:30 Wed 5:40-9:40 Thu 5:40
Identity Thief (14A) Fri-Sun 11:50-2:35-5:15-8:05-10:50 Mon-Thu 1:50-4:35-7:25-10:05
Jack the Giant Slayer 3D (PG) Fri 2:15-5-7:45-10:30 Sat 11:30-2:15-5-7:45-10:30 Sun-Thu 2:15-5-7:45-10:30
Jack the Giant Slayer: An IMAX 3D Experience (PG) Fri 1:45-4:30-7:15-10 Sat 11-1:45-4:30-7:15-10 Sun-Wed 1:45-4:30-7:15-10 Thu 1:45-4:30
The Last Exorcism Part II (14A) Fri-Sat 1-3:20-5:40-8-10:45 Sun 1-3:20-5:40-8-10:20 Mon-Thu 2:35-5:10-7:40-10
Life of Pi 3D (G) Fri-Sun 1:30-4:30-7:35-

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10:35 Mon-Thu 1:30-4:25-7:20-10:15
Lincoln (PG) Fri-Sun 12:30-3:55-7:15-10:30 Mon-Thu 2:15-5:50-9:10
The Metropolitan Opera: Parsifal Live (STC) Sat 9
Les Misérables (PG) Fri-Sun 11:55-3:20-6:45-10:15 Mon-Thu 2-5:35-9:20
The Movie Out Here (STC) Fri-Sat 1:10-3:30-5:50-8:10-10:55 Sun 1:10-3:30-5:50-8:10-10:25 Mon-Thu 2:50-5:15-7:35-10:05
Oz the Great and Powerful 3D (PG) Thu 9:45
Oz the Great and Powerful: An IMAX 3D Experience (PG) Thu 9
Safe Haven (PG) Fri-Sun 12-2:40-5:25-8:10-10:45 Mon-Wed 1:45-4:35-7:25-10:10 Thu 1-3:30-8:45
Shrek 2 (G) Sat 11
Side Effects (14A) Fri 12:20-2:55-5:30-8:05-10:50 Sat 5:30-8:05-10:50 Sun 12:20-2:55-5:30-8:05-10:50 Mon-Tue 2:10-4:50-7:35-10:25 Wed 2:10-5:05-10:25 Thu 5:05-10:25 Star & Strollers Screening Thu 1
Silver Linings Playbook (14A) Fri-Sat 1:10-4:20-7:20-10:45 Sun 1:10-4:20-7:20-10:15 Mon-Thu 1:30-4:20-7:20-10:20
Snitch (PG) Fri-Sun 12:30-3:05-5:35-8:05-10:40 Mon-Wed 2-4:45-7:30-10:15 Thu 4:45-7:30-10:15 Star & Strollers Screening Thu 1
U2 3D (G) Wed-Thu 7:30
Warm Bodies (PG) Fri-Sun 12:40-3:15-5:50-8:20-10:45 Mon-Thu 2:30-5:05-7:40-10:10
Zero Dark Thirty (14A) Fri-Sun 12-3:25-6:55-10:20 Mon-Thu 2:25-6:10-9:45

Dolphin Cinemas
4555 E. Hastings St.

Argo (PG) Fri-Thu 9
Escape From Planet Earth (G) Fri 5-7:05 Sat-Sun 1-3-5-7:05 Mon-Thu 5-7:05
Jack the Giant Slayer (PG) Fri 4:30-6:50-9:10 Sat-Sun 1:30-4:30-6:50-9:10 Mon-Thu 4:30-6:50-9:10

SilverCity Metropolis
4700 Kingsway Ave.

21 and Over (14A) Fri-Sun 12:55-3:25-5:50-8:15-10:35 Mon-Thu 3:10-5:35-8-10:20
Dark Skies (14A) Fri 12:45-3:05-5:30-8:05-10:35 Sat-Sun 12:30-3-5:30-8:05-10:35 Mon-Thu 2:30-5-7:35-10:05
Escape From Planet Earth (G) Fri 2:40 Sat-Sun 12:15 Mon-Thu 2:10
Escape From Planet Earth 3D (G) Fri 5:05-7:30-9:50 Sat-Sun 2:40-5:05-7:30-9:50 Mon-Thu 4:35-7-9:20
A Good Day to Die Hard (14A) Fri-Sun 12:50-3:15-5:45-8:10-10:45 Mon-Thu 2:45-5:15-7:40-10:15
Hansel & Gretel: Witch Hunters 3D (18A) Fri-Sat 2:50-5:15-7:35-10 Sun 12:25-2:50-5:15-7:35-10 Mon-Wed 2:20-4:45-7:05-9:30 Thu 2:20-4:45
Identity Thief (14A) Fri 2:35-5:10-7:50-10:25 Sat 12:10 Sun 12-2:35-5:10-7:50-10:25 Mon-Thu 2:05-4:40-7:20-9:55 Sat 4:50-7:40-10:25
Jack the Giant Slayer 3D (PG) Fri 2:15-5-7:45-10:30 Sat 11:30-2:15-5-7:45-10:30 Sun-Wed 2:15-5-7:45-10:30 Thu 7:10-9:50 Thu 2:15-5
The Last Exorcism Part II (14A) Fri 12:45-3:05-5:35-7:55-10:15 Sat-Sun 12:40-3:05-5:35-7:55-10:15 Mon-Thu 2:35-5:05-7:25-9:45
The Metropolitan Opera: Parsifal Live (STC) Sat 9
Oz the Great and Powerful 3D (PG) Thu 9
Shrek 2 (G) Sat 11
Snitch (PG) Fri 2:45-5:20-8-10:40 Sat-Sun 12:05-2:45-5:20-8-10:40 Mon-Thu 2:15-4:50-7:30-10:10
Warm Bodies (PG) Fri 12:45-3:05-5:25-7:55-10:20 Sat 2:10-4:40-7:15-9:45 Sun 12:10-2:30-4:55-7:20-9:45 Mon-Thu 2-4:25-6:50-9:15

SilverCity Coquitlam
170 Schoolhouse Street

21 and Over (14A) Fri-Sun 1:15-3:35-5:55-8:15-10:50 Mon 1:15-3:35-5:55-8:15-10:40 Tue 1:15-3:35-5:55-8:15-10:50 Wed-Thu 1:15-3:35-5:55-8:15-10:40
The Berlin File (14A) Fri-Thu 1:35-4:35-7:35-10:30
Dark Skies (14A) Fri-Sun 12:05-2:30-5:10-7:50-10:35 Mon 2:30-5:10-7:50-10:35 Tue 12:05-2:30-5:10-7:50-10:35 Wed-Thu 2:30-5:10-7:50-10:35
Django Unchained (14A) Fri 1:10-4:45-8:30 Sat 4:45-8:30 Sun-Thu 1:10-4:45-8:30
Escape From Planet Earth (G) Fri-Sun 12:10 Mon 2:35 Tue 12:10 Wed-Thu 2:35
Escape From Planet Earth 3D (G) Fri-Sun 2:35-5-7:25-9:50 Mon 5-7:25-9:50 Tue 2:35-5-7:25-9:50 Wed-Thu 5-7:25-9:50
A Good Day to Die Hard (14A) Fri-Thu 1:50-4:25-7:10-9:45 Fri 2:05-4:45-7:45-10:35 Sat 4:45-7:45-10:35 Sun 2:05-4:45-7:45-10:35 Mon 4:45-7:45-10:25 Tue 2:05-4:45-7:45-10:35 Wed-Thu 4:45-10:25
Identity Thief (14A) Fri 1:45-4:35-8:05-10:45 Sat 11:05-1:45-4:35-8:05-10:45 Sun-Tue 1:45-4:35-8:05-10:45 Wed 4:35-8:05-10:45 Thu 1:45-4:35-8:05-10:45 Fri-Sun 12:35-3:30-6:45-9:45 Mon 3:45-6:45-9:45 Tue 12:35-3:30-6:45-9:45 Wed 3:45-6:45-9:45 Thu 3:45-6:45 Star & Strollers Screening Wed 1
Jack the Giant Slayer 3D (PG) Fri-Sun 1:15-4:15-7:15-10:15 Mon 4:15-7:15-10:15 Tue 1:15-4:15-7:15-10:15 Wed-Thu 4:15-7:15-10:15 Fri 2:15-5-7:45-10:30 Sat 11:30-2:15-5-7:45-10:30 Sun-Wed 2:15-5-7:45-10:30 Thu 7:45-10:30 Thu 2:15-5
The Last Exorcism Part II (14A) Fri 1-3:20-5:40-8-10:20 Sat 1:05-3:20-5:40-8-10:20 Sun-Thu 1-3:20-5:40-8-10:20
Life of Pi 3D (G) Fri-Thu 1:15-4:20-7:20-10:10
The Metropolitan Opera: Parsifal Live (STC) Sat 9 Sat 9
The Movie Out Here (STC) Fri-Thu 1:10-3:30-5:50-8:10-10:25 Fri-Sun 2:50-5:45-8:15-10:50 Mon 3-5:45-8:15-10:40 Tue 2:50-5:45-8:15-10:50 Wed-Thu 3-5:45-8:15-10:40
Oz the Great and Powerful 3D (PG) Thu 9:45 Thu 9
Safe Haven (PG) Fri-Wed 1:40-4:30-7:30-10:15 Thu 1:40-4:30
Shrek 2 (G) Sat 11
Silver Linings Playbook (14A) Fri-Thu 1:20-4:15-7:15-10:15
Snitch (PG) Fri-Sun 12-2:30-5:05-7:55-10:40 Mon 2:30-5:05-7:55-10:40 Tue 12-2:30-5:05-7:55-10:40 Wed 5:05-7:55-10:40 Thu 2:30-5:05-7:55-10:40 Fri-Sun 12:15-3:10-6:15-9:15 Mon 3:25-6:15-9:15 Tue 12:15-3:10-6:15-9:15 Wed-Thu 3:25-6:15-9:15 Star & Strollers Screening Wed 1
U2 3D (G) Wed-Thu 7:30
Zero Dark Thirty (14A) Fri 2:50-6:25-10 Sat 11:15-2:50-6:25-10 Sun-Thu 2:50-6:25-10

Clova
5732-176th St., Surrey

Django Unchained (14A) Fri-Thu 7
Gangster Squad (14A) Fri-Thu 10

Hollywood 3 Cinema
7125-138th Street, Surrey

Argo (PG) Fri-Thu 9
Django Unchained (14A) Fri-Thu 8:50
Hansel & Gretel: Witch Hunters 3D (18A) Fri-Thu 6:40
The Hobbit: An Unexpected Journey (PG) Sat-Sun 1
The Hobbit: An Unexpected Journey 3D (PG) Fri-Thu 8:35
Rise of the Guardians (G) Sat-Sun 2:50
Rise of the Guardians 3D (G) Fri 4:40 Sat-Sun 12:30-4:40 Mon-Thu 4:40
Silver Linings Playbook (14A) Fri-Thu 6:40 Sat-Sun 12:30
Warm Bodies (PG) Fri-Thu 4:50-6:50 Wreck-It Ralph (G) Fri-Thu 4:30
Wreck-It Ralph 3D (G) Sat-Sun 2:30

Strawberry Hill Grande
12161-72nd Ave, Surrey

The Attacks of 26/11 (STC) Fri-Thu 12:50-3:35-6:35-9:35
Dark Skies (14A) Fri-Sun 12:30-3-5:30-8-10:30 Mon 3-5:30-8-10:30 Tue 12:30-3-5:30-8-10:30 Wed-Thu 3-5:30-8-10:30
Escape From Planet Earth (G) Fri-Sun 12:15 Mon 2:30 Tue 12:15 Wed-Thu 2:30
Escape From Planet Earth 3D (G) Fri-Sun 2:30-5-7:30-9:50 Mon 5-7:30-9:50 Tue 2:30-5-7:30-9:50 Wed-Thu 5-7:30-9:50
A Good Day to Die Hard (14A) Fri-Sun 12:20-2:45-5:20-7:55-10:35 Mon 2:45-5:20-7:55-10:35 Tue 12:20-2:45-5:20-7:55-10:35 Wed 2:30-5:05-7:55-10:35 Thu 2:30-5:05-7:55
I, Me Aur Main (STC) Fri-Sun 12:25-3:05-6-8:40 Mon 3:05-6-8:40 Tue 12:25-3:05-6-8:40 Wed-Thu 3:05-6-8:40
Identity Thief (14A) Fri-Sun 12-2:35-5:15-8:05-10:45 Mon 2:25-5:05-7:55-10:35 Tue 12-2:35-5:15-8:05-10:45 Wed 5:05-7:55-10:35 Thu 2:25-5:05-7:55-10:35 Star & Strollers Screening Wed 1
Jack the Giant Slayer 3D (PG) Fri 2:15-5-7:45-10:30 Sat 11:15-2:15-5-7:45-10:30 Sun-Thu 2:15-5-7:45-10:30
Kai po che! (PG) Fri-Thu 1-4-7-10:15
The Last Exorcism Part II (14A) Fri-Thu 1-3:20-5:40-8-10:20
Love Story of Singh vs Kaur (PG) Fri-Wed 2-5:30-9 Thu 2-5:30-9:50
Oz the Great and Powerful 3D (PG) Thu 9
Safe Haven (PG) Fri-Sun 12-2:40-5:25-8:10-10:45 Mon 2:30-5:15-8-10:35 Tue 12-2:40-5:25-8:10-10:45 Wed-Thu 2:30-5:15-10:35
Shrek 2 (G) Sat 11
Snitch (PG) Fri-Sun 12-2:35-5:10-7:50-10:40 Mon 2:25-5-7:40-10:25 Tue 12-2:35-5:10-7:50-10:40 Wed 5-7:40-10:25 Thu 2:25-5-7:40-10:25 Star & Strollers Screening Wed 1
U2 3D (G) Wed-Thu 7:30

Studio 12 Guildford
15051-101st Ave, Surrey

21 and Over (14A) , Fri-Sun 1:55-4:35-7:10-9:45 , Mon 5:30-8:40 , Tue 4:35-7:10-9:45 , Wed-Thu 5:30-8:40
Dark Skies (14A) , Fri-Sun 2:05-4:45-7:25-9:55 , Mon 5:45-8:35 , Tue 4:45-7:25-9:55 , Wed-Thu 5:45-8:35
Escape From Planet Earth (G) , Fri-Sun 1:20-6:40 , Mon 5:15 , Tue 6:40 , Wed-Thu 5:15

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Fri & Sat 9:30PM

Scared Scriptless
Fri & Sat 11:15PM

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We acknowledge the financial assistance of the Province of British Columbia.

The Word

Would Tina Fey consider hosting next year's Oscars? 'No way'

METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

Don't get your hopes up for Tina Fey to host the Oscars next year, as the 30 Rock star says there's no way she'll take the job.

"I just feel like that gig is so hard," she tells the Huffington Post. "Especially for, like, a woman. The amount of months that would be spent trying on dresses alone — no way."

Fey earned rave reviews for her work co-hosting the Golden Globes in January with pal Amy Poehler, and after Seth MacFarlane's controversy-courting Oscars hosting performance Sunday many naturally looked to Fey as an improvement for next year, but she insists there's no chance. "I wish I could tell you there was," Fey says.

Twitter

@jason_mraz
For me, the days that begin bad always seem to conclude with magical evenings. Thanks weird day!

@ActuallyNPH
The Nat Enq is cray cray. We've never had a wedding date, just engaged (Prop 8 and all). We're on a cruise as I write. He's rad. All good.

@samantharonson
I have now taken every allergy medicine available in the US- still no relief- but if i die tonight, u know why.

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March 22
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HAHAHA.COM/CONCERTS

THESE PAGES COVER MOVIE START TIMES FROM FRI., MARCH 1 TO THURS., MAR 7 . TIMES ARE SUBJECT TO CHANGE. COMPLETE LISTINGS ARE ALSO AVAILABLE AT METRONEWS.CA/MOVIES.

Escape From Planet Earth 3D (G) , Fri-Sun 4-9:05 , Mon 7:55 , Tue 4-9:05 , Wed 7:55 , Thu
A Good Day to Die Hard (14A) , Fri-Sun 2:10-4:50-7:30-10 , Mon 5:50-8:45 , Tue 4:50-7:30-10 , Wed-Thu 5:50-8:45
Identity Thief (14A) , Fri-Sun 1:05-3:45-6:35-9:20 , Mon 5:05-8 , Tue 3:45-6:35-9:20 , Wed-Thu 5:05-8
Jack the Giant Slayer (PG) , Fri-Sun 1:10 , Mon-Thu
Jack the Giant Slayer 3D (PG) , Fri-Sun 3:50-6:30-9:10 , Mon 5:10-7:50 , Tue 3:50-6:30-9:10 , Wed-Thu 5:10-7:50
The Last Exorcism Part II (14A) , Fri-Sun 2-4:40-7:20-9:50 , Mon 5:40-8:30 , Tue 4:40-7:20-9:50 , Wed-Thu 5:40-8:30
Love Story of Singh vs Kaur (PG) , Fri-Sun 2:15-6:15-9:35 , Mon 7:45 , Tue 6:15-9:35 , Wed-Thu 7:45
A Moment in Time (G) , Fri-Sun 1:40-4:20-7-9:40 , Mon 5:30-8:10 , Tue 4:20-7-9:40 , Wed-Thu 5:30-8:10
Oz the Great and Powerful (PG) , Thu 9
Safe Haven (PG) , Fri-Sun 1-3:40-6:20-9 , Mon 5-7:40 , Tue 3:40-6:20-9 , Wed-Thu 5-7:40
Snitch (PG) , Fri-Sun 1:30-4:10-6:50-9:30 , Mon 5:20-8:20 , Tue 4:10-6:50-9:30 , Wed-Thu 5:20-8:20

Rialto
1732-152nd Street, White Rock

Amour (PG) Fri 7-9:20 Sat-Sun 2-7-9:20 Mon-Thu 7-9:20
Quartet (PG) Fri 7:10-9:10 Sat-Sun 2:10-7:10-9:10 Mon-Thu 7:10-9:10

Criterion 4 White Rock
2381 King George Highway

Escape From Planet Earth (G) Fri 7:30 Sat-Sun 2:30-7:30 Mon-Thu 7:30
A Good Day to Die Hard (14A) Fri-Thu 9:20
Identity Thief (14A) Fri 7:20-9:30 Sat-Sun 2:10-7:20-9:30 Mon-Thu 7:20-9:30
Jack the Giant Slayer (PG) Fri 7:10-9:35 Sat-Sun 2-7:10-9:35 Mon-Thu 7:10-9:35
Safe Haven (PG) Fri 7-9:25 Sat-Sun 2:20-7-9:25 Mon-Thu 7-9:25

Colossus Langley
20090-91A Ave, Langley

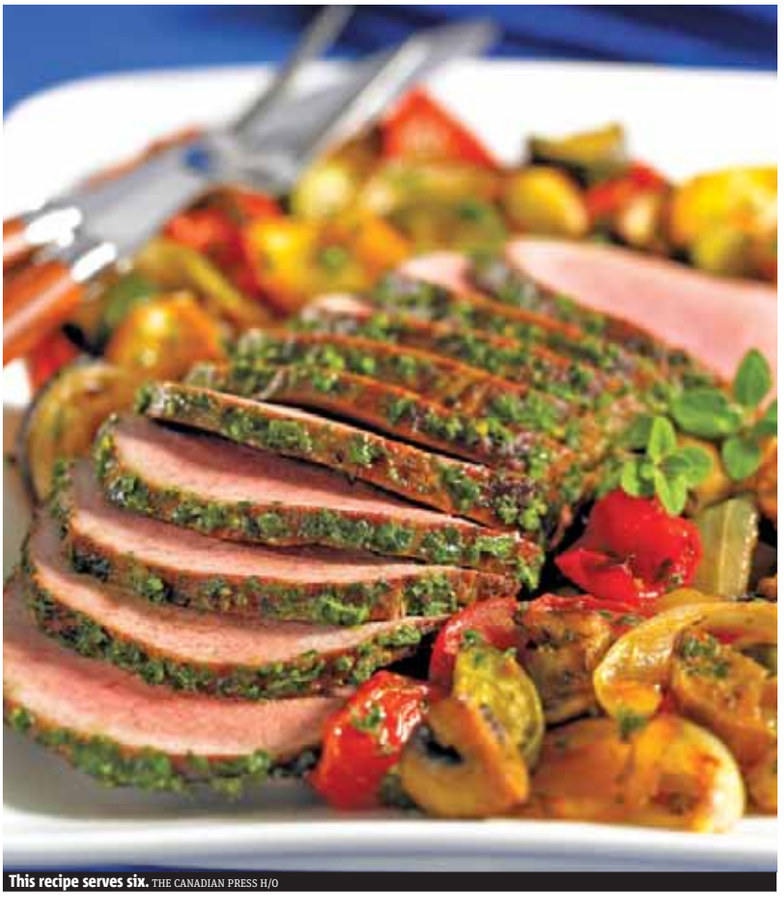
21 and Over (14A) Fri-Sun 1:15-3:35-5:55-8:15-10:40 Mon-Thu 4:45-7:30-10:15
Dark Skies (14A) Fri-Sun 12:30-3-5:30-8-10:30 Mon-Thu 4:35-7:35-10:20
Django Unchained (14A) Fri 1:40-5:20-9 Sat 5:20-9 Sun 1:40-5:20-9 Mon-Thu 4-7:45
Escape From Planet Earth (G) Fri-Sun 12:15
Escape From Planet Earth 3D (G) Fri 2:30-4:50-7:15-9:40 Sat 11-2:30-4:50-7:15-9:40 Sun 2:30-4:50-7:15-9:40 Mon-Thu 4:45-7:10-9:40
A Good Day to Die Hard (14A) Fri-Sun 1:20-3:40-6-8:20-10:45 Mon-Thu 5-7:50-10:30
The Hobbit: An Unexpected Journey (PG) Fri-Sun 12:25
The Hobbit: An Unexpected Journey 3D (PG) Fri-Sun 2:55-6:30-10:05 Mon-Tue 4:30-8:30 Wed-Thu 4-9:45
Identity Thief (14A) Fri-Sun 12:05-2:40-5:15-7:55-10:35 Mon-Thu 4:40-7:30-10:10
Jack the Giant Slayer 3D (PG) Fri 2:15-5-7:45-10:30 Sat 11:30-2:15-5-7:45-10:30 Sun 2:15-5-7:45-10:30 Mon-Thu 5-7:45-10:30
Jack the Giant Slayer: An IMAX 3D Experience (PG) Fri 1:45-4:30-7:15-10 Sat 11-1:45-4:30-7:15-10 Sun 1:45-4:30-7:15-10 Mon-Wed 4:30-7:15-10 Thu 4:30
The Last Exorcism Part II (14A) Fri-Sun 1-3:20-5:40-8-10:20 Mon-Thu 4:55-7:40-10:20
Life of Pi 3D (G) Fri-Sun 12-4:15-7:25-10:20 Mon-Thu 4:10-7:10-10
The Metropolitan Opera: Parsifal Live (STC) Sat 9
Les Misérables (PG) Fri-Sun 12:20-3:45-7:05-10:25 Mon-Thu 4:25-7:55
The Movie Out Here (STC) Fri-Sun 1:10-3:30-5:50-8:10-10:25 Mon-Thu 4:55-7:40-10:25
Oz the Great and Powerful 3D (PG) Thu 9
Oz the Great and Powerful: An IMAX 3D Experience (PG) Thu 9
Quartet (PG) Fri-Sun 12:10-2:35-5-7:40-10:10 Mon-Tue 4:05-6:55-9:40 Wed 4:05-10 Thu 4:05-6:30
Safe Haven (PG) Fri-Sun 12:05-2:45-5:25-8:05-10:45 Mon-Tue 4:05-7:05-10:15 Wed 7:05-10:15 Thu 4:05-7:05-10:15 Star & Strollers Screening Wed 3
Shrek 2 (G) Sat 11
Side Effects (14A) Fri-Sun 12:15-2:50-5:20-7:55 Mon-Thu 4:25-7:15
Silver Linings Playbook (14A) Fri-Sun 1:20-4:20-7:10-10:10 Mon-Thu 4:20-7:20-10:25
Snitch (PG) Fri-Sun 12-2:35-5:10-7:50-10:40 Mon-Tue 4:15-7:20-10:10 Wed 7:20-10:10 Thu 4:15-7:20-10:10
Star & Strollers Screening Wed 3
U2 3D (G) Wed-Thu 7:30
Warm Bodies (PG) Fri-Sun 10:35 Mon-Thu 10:10
Zero Dark Thirty (14A) Fri-Sun 12:10-3:30-6:50-10:15 Mon-Thu 4:40-8:15

Twilight Drive-In
260th Street & Fraser Hwy Langley

No Films Showing Today (STC) Mon-Thu
Safe Haven (PG) Fri-Sun 7:30
Silver Linings Playbook (14A) Fri-Sun 9:45

A colourful way to start Nutrition Month

Mediterranean Roasted Beef and Veggies. March is devoted to healthy eating so whip up this delicious meal



This recipe serves six. THE CANADIAN PRESS H/O

When shopping, try to purchase healthy items from the perimeter of the grocery store and supplement with staples from the inner aisles.

Here is an easy and flavourful recipe keeping in mind those principles.

This colourful, nutritious dinner cooks all at once in the oven, making for little preparation or cleanup. Serve it with cooked couscous, quinoa, rice or pasta.

Ingredients

- 6 cloves garlic, peeled
- 3 plum (Roma) tomatoes, cored and quartered
- 1 small Spanish onion, cut into 12 wedges
- 1 baby eggplant, cut into chunks
- 1 each red and yellow bell peppers, cut into chunks
- 250 g (8 oz) zucchini (about 2 small), cut crosswise into 1-cm (1/2-inch) slices
- 125 g (4 oz) mushrooms, quartered
- 60 ml (4 tbsp) basil pesto,
- 10 ml (2 tsp) olive oil
- 1.5 kg (3 lb) boneless beef sirloin tip
- Pinch each salt and pepper
- 15 ml (1 tbsp) balsamic vinegar
- 5 ml (1 tsp) liquid honey

1. Line a rimmed baking sheet with foil and spray lightly with cooking spray.

2. In a large bowl, combine garlic, tomatoes, onion, eggplant, red pepper, yellow pepper, zucchini, mushrooms and 45 ml (3 tbsp) of the pesto; toss to coat. Spread evenly on prepared baking sheet; set aside.

3. In an ovenproof sauté pan or skillet with a rack, heat oil over medium-high heat. Season beef with salt and pepper. Cook beef, turning with tongs, for about 10 minutes or until browned all over. Spread remaining pesto over roast. Place on rack in the same sauté pan.

4. Roast beef and vegetables in a 140 C (275 F) oven for about 1 1/2 hours or until a meat thermometer inserted in the thickest part of the roast registers 60 C (140 F) for medium-rare, or until desired doneness. Transfer roast to a cutting board, tent with foil and let stand for 10 to 15 minutes.

5. Using a rubber spatula, scrape vegetables into a large bowl. Add vinegar and honey; toss to coat.

6. Carve roast across grain into thin slices. Serve with vegetables. **THE CANADIAN PRESS/ COOK! BY DIETITIANS OF CANADA (ROBERT ROSE INC., 2011).**

Liquid Assets

The skinny on wine

LIQUID ASSETS
Peter Rockwell
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Sorry beer and spirit fans, with its reputation as a heart healthy, food-friendly beverage, wine sits at the top of the booze chain in the debate over which tipple is "best for you."

When it comes to a wine's nutritional value, you've got to think about the alcohol. That's where the calories come from folks, so a higher level means more sit-ups.

My friends at WineFolly.com have become one of the go-to wine blogs with their witty commentary and knack for turning mind-bending vino info into cool graphics. Their latest post is a chart that breaks down a variety of wine styles and lays out the truth about how many calories are in each glass. Wine Folly also takes cartography to a new level with a series of detailed maps to your favourite grape growing countries. They've just added Spain. Check out their website over a glass of Bodegas Piqueras 2008 Castillo de Almansa Reserva ($11.95 - $14.99) from the Albacete region in Spain's southeast.

With its balanced, dark berry fruit and light, woody backbone, you just might forget that at 14 per cent alc./vol. you're drinking between 165-195 calories. **PRICES REFLECT THE RANGE ACROSS THE COUNTRY. SOME PRODUCTS MAY NOT BE AVAILABLE IN ALL PROVINCES.**

Stir-fry your way to a quick and nutritious dinner

This Honey-Garlic Chicken & Sweet Pepper Stir-Fry serves 4. THE CANADIAN PRESS

Ingredients

- 250 ml (1 cup) milk
- 45 ml (3 tbsp) cornstarch
- 75 ml (1/3 cup) reduced-sodium soy sauce
- 30 ml (2 tbsp) liquid honey
- 15 ml (1 tbsp) butter, divided
- 500 g (1 lb) boneless skinless chicken, cut in thin strips
- 3 cloves garlic, minced
- 1 each sweet red, yellow and green pepper, cut in thin strips
- 30 ml (2 tbsp) rice vinegar
- Hot pepper sauce, to taste (optional)

1. In bowl, whisk a little milk into cornstarch to make a smooth paste. Whisk in the remaining milk, reduced sodium soy sauce and honey; set aside.

2. Heat wok over high heat. Add half butter; swirl to coat. Add chicken and garlic and stir-fry 3 mins. or until browned; transfer to bowl. Add remaining butter to pan, then peppers. Stir-fry 5 mins. or until tender. Return chicken and any juices to pan. Reduce heat to medium.

3. Whisk milk mix and pour into pan. Cook, stirring, 5 minutes or until chicken is no longer pink inside and sauce is thickened. Stir in vinegar and hot pepper sauce, to taste, if using.

THE CANADIAN PRESS/ DAIRY FARMERS OF CANADA 2013 MILK CALENDAR, MILKCALENDAR.CA.

Would you like to be kept in the loop of the hottest openings and events in your city? To be notified of other notable events for young professionals go to: notable.ca/signup.php

NOTABLE NOW
Julian Brass, Founder of notable.ca, Canada's online source for young professionals

A Night Out for MUSIC HEALS

Support the healing power of music

Coming up this Saturday be sure to head out to one of more than 20 different venues to catch live music and entertainment in support of music therapy programs in B.C. Each participating establishment will donate $1 from cover charges toward this worthy charity. Head to Fan Club, Ginger 62, Republic, Bar None, Red Room, The Blarney Stone, The Cellar and plenty more. Saturday, various venues.

Coming up: Dining Out For Life

On Thursday, March 7, leave the cooking to someone else. There will be more than 200 different restaurants around town participating in this annual one-night fundraiser that helps support people living with HIV/AIDS. With 25 per cent of every food bill going directly back to support the efforts of AIDS service organizations, what more of an excuse do you need to ditch the kitchen for a night out? At various restaurants across Vancouver.

SWEET TEMPTATIONS

Sweet Temptations

This Friday at Cocoa-Nymph East (4 West 7th Ave.), a sweet chocolate-infused benefit is taking place to help raise money toward The Sarah McLachlan School of Music, which helps provide free after-school music education for at risk kids. Tickets are available through chimp.net for $35. Check out the great items being auctioned off while noshing on canapés and sipping wine and local beer. CBC's own Reid Jamieson (of Vinyl Cafe) will be on hand to entertain the crowd.

VANCOUVER INTERNATIONAL FESTIVAL
Feb 25 - Mar 3, 2013

Have some grape-fuelled fun

With more than 55 different events taking place throughout Vancouver, 176 wineries present and pouring more than 1850 different wines from around the world, prep your liver for some grape-fuelled fun. Grab a ticket for Friday's International Festival Tasting event ($95) or catch a wine seminar or dinner over the weekend.

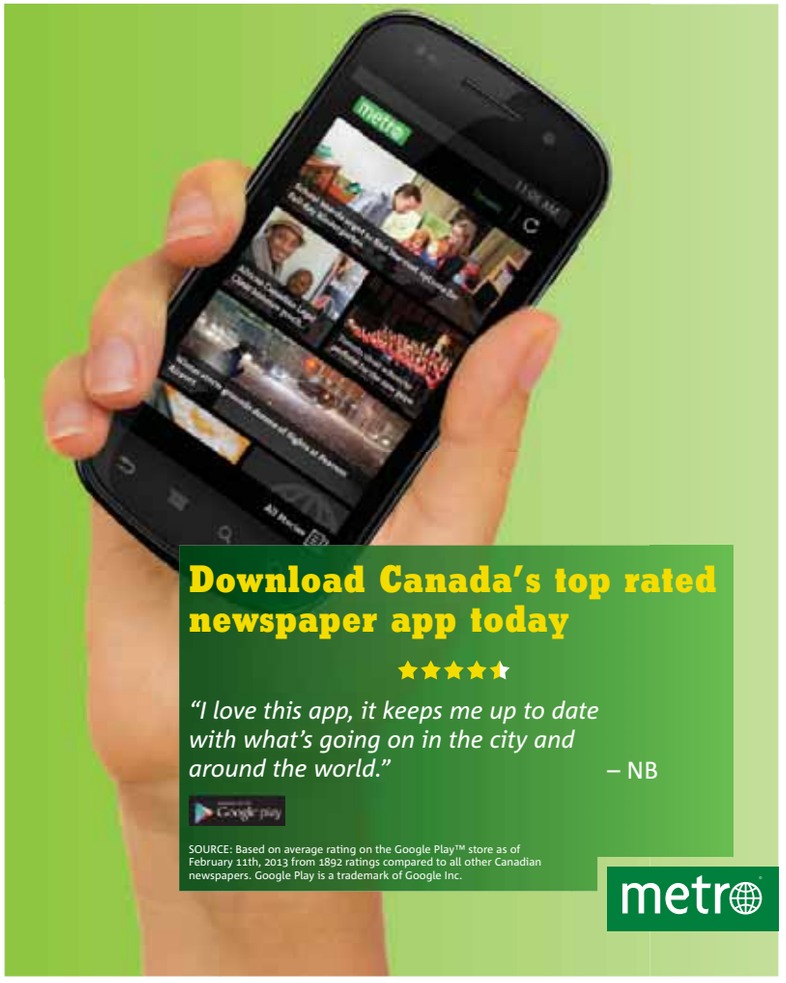
Coastal First Nations Dance Festival

Explore the rich cultural heritage of B.C. and catch this upcoming festival that includes an array of performances, internationally recognized artists from across North America and celebrations. Back for its sixth year, this year's festival features performers from throughout the Pacific Northwest: Alaska, Washington, Yukon, Manitoba and B.C. All will be on hand to tell their unique ancestral stories through dramatic dance, art and narration at the Museum of Anthropology. March 6 to 10.

Vancouver International Salsafestival

Let the music move you

This festival is looking to draw upward of 4,000 participants (beginner, intermediate, pro and spectator alike) when it comes to the Westin Bayshore next week. With various events and workshops available starting at $15, if you've ever harboured a desire to let the music move you — Salsafest is it. Be sure to check out the Red Bull X Party that kicks off on Thursday March 7. or one of the other gala events as part of this spicy celebration, which runs from March 7 to 10.


Download Canada's top rated newspaper app today
★★★★★
"I love this app, it keeps me up to date with what's going on in the city and around the world."
– NB
Google play
SOURCE: Based on average rating on the Google Play™ store as of February 11th, 2013 from 1892 ratings compared to all other Canadian newspapers. Google Play is a trademark of Google Inc.
metro

MLS

Injury questions linger heading into Season 3

The Vancouver Whitecaps went from the bottom of the Western Conference standings in 2011 to a playoff berth in 2012.

What will happen in the 2013 season is a mystery. The Whitecaps kick off their third MLS season on Saturday against Toronto FC at BC Place and expectations are high.

"It's a welcomed excitement, I think, especially us guys that have been here in the darker days, I suppose," said club captain and centre back Jay DeMerit.

"We've added a lot of strengths in a lot of different areas, both in experience and in different things we never had before.

"We've added pace this year, we've added a few more experienced guys, key guys that we're going to need down the stretch.... We need those experienced (players) to get into the further side of the playoffs.

"But it's way too early to say that."

There are questions regarding the starting 11. Jay DeMerit has been recovering from Achilles tendinitis, but he has been training hard in the last two sessions.

"We'll let you know an hour before kickoff," head coach Martin Rennie said of whether DeMerit will play.

"But I think he looks good in training and he doesn't seem to have had any adverse reactions."

Newly acquired midfielder Nigel Reo-Coker hasn't played since the start of January, and he conceded earlier this week that his match fitness still needs work.

"Whether he starts, we have to wait and see. We'll decide that probably tomorrow," said Rennie.

CAM TUCKER/METRO

Whitecaps goalie for TFC still TBD

MLS. Club's situation in the net 'mirrors' that of Canucks, Lenarduzzi says

CAM TUCKER
cam.tucker@metronews.ca

Vancouver Whitecaps goalkeeper Joe Cannon plays the ball during a rain-soaked training session Thursday at UBC's Thunderbird Stadium. JENNIFER GAUTHIER/FOR METRO

It's another story about two capable goalies competing for a starting spot, except this time in a different sport. Welcome to Vancouver.

Addressing reporters inside UBC's Thunderbird Stadium on Thursday, Vancouver Whitecaps president Bob Lenarduzzi said the club's current goalkeeping situation "mirrors" that of what's going on with Cory Schneider and Roberto Luongo of the NHL's Canucks.

According to Lenarduzzi, the club still doesn't know which of its two goalkeepers will start Saturday, when the Whitecaps open their 2013 Major League Soccer season against Toronto FC at BC Place.

Will it be the 38-year-old Joe Cannon, who enters his 16th season in MLS, or the 28-year-old Brad Knighton, who surpassed Cannon as the starting goalie in September and went on to start in the Whitecaps' first-ever playoff appearance against the L.A. Galaxy?

"We feel like we've got two goalkeepers that if either plays, we're not going to suffer in that regard," said Lenarduzzi.

For local sports fans, that should sound familiar.

Cannon, after being passed over by Knighton, has by all accounts trained hard in the off-season and come back to the club in exceptional shape.

Cannon also posted eight shutouts last season, two off his career high of 10 clean sheets from 2004, despite sitting on the bench for the final seven regular-season matches and the lone playoff game.

Knighton was otherwise remarkable in the Whitecaps' loss to the Galaxy in the first-round of the playoffs.

Contrary to his hockey counterpart Alain Vigneault's recent ongoing gag, Whitecaps head coach Martin Rennie will not flip a coin to decide his starter.

The decision between Cannon and Knighton will come down to their play in the pre-season and training, before the coaches meet to hammer out who starts against Toronto.

Yes, two good goalies. It indeed could be shaping up a lot like Schneider-Luongo.

Quoted

"Either way I think we'll be good and ... whoever starts on Saturday will get the full support of everyone else, including the other goalkeeper."

Whitecaps coach Martin Rennie

Whitecaps hoping Miller time pays off

Whitecaps striker Kenny Miller speaks to reporters Thursday at UBC's Thunderbird Stadium. JENNIFER GAUTHIER/FOR METRO

Kenny Miller came to Vancouver with high expectations from the local fan base given his salary and designated-player status.

Miller made $1.2 million in guaranteed compensation last year, but his output didn't match the money. He scored only twice in 13 games with the Whitecaps, after joining the club mid-July.

But the 2013 campaign is a fresh start. He's got a full training camp under his belt and some pre-season matches. Perhaps that will ignite the Scottish striker.

"He came in at a point where he hadn't had a pre-season," said head coach Martin Rennie.

"That made it a little bit more difficult for him just as it has for other players who have done the same thing. I think having a pre-season will benefit him and the (designated-player) tag has nothing to do with him.

"That's a misunderstood tag, I think, by a lot of people."

Miller was the headliner in the Whitecaps' major mid-season overhaul last summer.

The number of moves to the team's core group was heavily scrutinized in the end and president Bob Lenarduzzi has gone on record as saying too many changes were made.

But Miller is here, and the beginning of a new season brings renewed optimism.

Where he fits into the squad remains an intriguing question.

The Whitecaps got faster this off-season, with additions of strikers and SuperDraft first-rounders Kekuta Manneh and Erik Hurtado, who could push for playing time. Darren Mattocks is coming off a rookie season in which he led the club in goals with seven and Camilo Sanvezzo hopes to bounce back from a disappointing sophomore season in Vancouver.

"He's a pivotal part of it," Rennie said of Miller.

CAM TUCKER/METRO

4 SPORTS

NHL. Goalie situation a good problem for Canucks

THE HOCKEY NEWS
Edward Fraser
vancouver@metronews.ca

The next two editions of The Hockey News will be the trade deadline and goalie issues. As we sat to discuss story lineups, it's no surprise a big part of the discussion surrounded Roberto Luongo and Cory Schneider. What was surprising, however, was the divergence of opinions on which goalie should be dealt: One half of the editorial team voted Luongo, while the other half said Schneider. One member of the crew, however, chose to abstain: Me.

The reason? I don't think Vancouver should deal either.

Both goalies are viable No. 1s, but each has shown a penchant for short-term struggles (such as the situation Schneider finds himself in right now). So why not keep a solid insurance policy on the most important position on the team? It's even more important to have a Plan B when it looks like the road out of the West runs through Chicago, a team both Luongo (59 goals against in 19 playoff games vs. Chicago since 2009) and Schneider (cramped up in first career playoff start at the United Center in 2011 and had to leave game) have had problems with.

The situation might be different if teams were clamoring to acquire one of the two, but it's a buyer's market right now and there's nothing available that would help the team more than standing pat.

Besides, this "goalie controversy" isn't having a negative impact on the team. All indications are Luongo and Schneider get along swimmingly and while both want to play, you can bet each of them would trade a few additional starts for a Stanley Cup ring.

The salary cap dips to $64.3 million next season and Vancouver already has $60.4 million committed to just 14 players. One of Luongo or Schneider will have to go and it'll very likely be Luongo as his contract ($5.3-million cap hit for the next nine years after this season) is much less tenable than that of his younger counterpart ($4 million, two more years). GM Mike Gillis will have his work cut out making the pieces fit. His lineup will look quite different — and likely not as good — as this year's edition.

This is the Canucks' year to win it all and keeping both keepers gives them the best chance to do so.

The Canucks recalled Andrew Ebbett, pictured, on Thursday with Ryan Kesler lost again to injury. RICH LAM/GETTY IMAGES FILE

Canucks prepare for Kings minus star forward Kesler

NHL. 'We're going to have to be at our very best,' says head coach Alain Vigneault

CAM TUCKER
cam.tucker@metronews.ca

The Vancouver Canucks host the Los Angeles Kings, the defending Stanley Cup champs, Saturday night and, barring some sort of medical miracle, will do so without Ryan Kesler.

It was revealed on Wednesday that the 2011 Selke Trophy winner has a broken bone in his right foot.

Kesler's agent, Kurt Overhardt, told Team 1040 radio Thursday that his client's injury actually occurred against the Dallas Stars on Feb. 15, the night of Kesler's return following a long recovery from off-season shoulder and wrist surgeries, which kept him out of the lineup through the first 12 games of the season.

According to Overhardt, the injury was the result of blocking a shot.

Two X-rays initially proved negative, but the fracture was discovered during a CT scan. Kesler had tried to play through the pain, said Overhardt.

"That's kind of who he is," Overhardt told the radio station. "He didn't want any part of not being able to play."

The Canucks on Thursday recalled journeyman forward Andrew Ebbett from the AHL's Chicago Wolves.

Aaron Volpatti, the scrappy hard-hitting fourth-line winger who was placed on waivers Wednesday, was claimed Thursday morning by the Washington Capitals.

The latest in roster fluctuation comes with the Canucks looking to snap a two-game losing skid.

The goaltending from Roberto Luongo and Cory Schneider hasn't been very good in those two contests, which can partially be attributed to glaring mistakes in the defensive end.

The Kings, who systematically dismantled the Canucks in five games in the opening round of last spring's post-season, have won seven of their last eight games after a slow start — no doubt nursing a Stanley Cup hangover — to 2013.

The two teams have already met once this season. The Canucks — with Luongo in net —lost in a shootout.

"Anytime the Stanley Cup champions come into your building, obviously as a player and as a staff you're going to be aware," said Canucks coach Alain Vigneault earlier in the week.

"They're the defending champions so obviously if we want to have a chance to win that game come Saturday, we're going to have to be at our very best."

CFL

Lions bring back lineman Smith

The B.C. Lions re-signed defensive lineman Khreem Smith to a contract extension in a deal announced Thursday. Smith, who turns 34 in July, was about to enter the option year of his previous contract.

Smith enters his third season with the Lions and third in the CFL.

"Khreem has quietly developed into a key veteran presence on the field," said general manager and VP of football operations Wally Buono in a statement.

"He has great instincts as a pass rusher and gives our defence an added dimension."

There was more news out of the CFL Thursday.

After winning the Grey Cup in his rookie season as head coach, Scott Milanovich of the Toronto Argonauts was named the 2012 CFL coach of the year, beating out John Hufnagel of the Calgary Stampeders and Mike Benevides of the Lions. CAM TUCKER/METRO

Argos coach Scott Milanovich
THE CANADIAN PRESS

NHL

DiPietro says suicide comments weren't serious

New York Islanders goaltender Rick DiPietro says comments he made about considering suicide in a recent interview were used for effect and were not meant to be taken literally.

Rick DiPietro
GETTY IMAGES

The comments came to light Thursday when New York-based sports anchor Kevin Maher tweeted excerpts from an interview with DiPietro about being waived by the Islanders.

According to Maher's Twitter feed, DiPietro said being waived felt like "they ripped my heart out, stabbed it, set it on fire and flushed it down the toilet." Maher followed with a tweet saying DiPietro considered suicide as injuries, ineffective play and fan animosity took their toll.

DiPietro later clarified to ESPN and the New York Post that he wasn't serious about the suicide comment and was attempting to show how his wife has helped him through "a trying last couple of years." THE CANADIAN PRESS

NBA

EASTERN CONFERENCE

	W	L	Pct	GB
Miami	41	14	.745	—
New York	34	20	.630	61/2
Indiana	36	22	.621	61/2
Atlanta	33	23	.589	81/2
Brooklyn	34	24	.586	81/2
Chicago	33	25	.569	91/2
Boston	30	27	.526	12
Milwaukee	28	28	.500	131/2
Toronto	23	35	.397	191/2
Philadelphia	22	34	.393	191/2
Detroit	23	37	.383	201/2
Cleveland	20	38	.345	221/2
Washington	18	38	.321	231/2
Orlando	16	42	.276	261/2
Charlotte	13	44	.228	29

WESTERN CONFERENCE

	W	L	Pct	GB
San Antonio	45	14	.763	—
Oklahoma City	42	15	.737	2
L.A. Clippers	42	18	.700	31/2
Memphis	38	18	.679	51/2
Denver	37	22	.627	8
Golden State	33	25	.569	111/2
Utah	31	27	.534	131/2
Houston	31	28	.525	14
L.A. Lakers	28	30	.483	161/2
Portland	26	31	.456	18
Dallas	25	32	.439	19
Minnesota	20	34	.370	221/2
Phoenix	20	39	.339	25
New Orleans	20	39	.339	25
Sacramento	20	39	.339	25

Note: division leaders ranked in top three positions regardless of winning percentage.

Thursday's results
L.A. Clippers 99 Indiana 91
Chicago 93 Philadelphia 82
Minnesota at L.A. Lakers

Wednesday's results
Sacramento 125 Orlando 101
Cleveland 103 Toronto 92
Detroit 96 Washington 95
New York 109 Golden State 105
Milwaukee 110 Houston 107
Oklahoma City 119 New Orleans 74
Memphis 90 Dallas 84
Phoenix 105 San Antonio 101 OT
Atlanta 102 Utah 91
Denver 111 Portland 109

Friday, March 1
Houston at Orlando, 7 p.m.
Indiana at Toronto, 7 p.m.
New York at Washington, 7 p.m.
Golden State at Boston, 7:30 p.m.
L.A. Clippers at Cleveland, 7:30 p.m.
Dallas at Brooklyn, 8 p.m.
Memphis at Miami, 8 p.m.
Detroit at New Orleans, 8 p.m.
Sacramento at San Antonio, 8:30 p.m.
Charlotte at Utah, 9 p.m.
Atlanta at Phoenix, 9 p.m.
Oklahoma City at Denver, 10:30 p.m.

NHL

EASTERN CONFERENCE

ATLANTIC DIVISION

	GP	W	L	OL	GF	GA	Pt
Pittsburgh	21	13	8	0	70	58	26
New Jersey	20	10	6	4	49	52	24
Philadelphia	22	10	11	1	64	67	21
NY Rangers	19	9	8	2	48	49	20
NY Islanders	21	8	11	2	61	73	18

NORTHEAST DIVISION

	GP	W	L	OL	GF	GA	Pt
Montreal	20	13	4	3	58	43	29
Boston	17	13	2	2	51	36	28
Ottawa	21	12	6	3	49	39	27
Toronto	22	13	9	0	64	55	26
Buffalo	21	8	12	1	54	67	17

SOUTHEAST DIVISION

	GP	W	L	OL	GF	GA	Pt
Carolina	19	10	8	1	54	55	21
Winnipeg	20	10	9	1	55	61	21
Tampa Bay	20	9	10	1	71	64	19
Florida	20	6	9	5	51	73	17
Washington	19	7	11	1	52	59	15

WESTERN CONFERENCE

CENTRAL DIVISION

	GP	W	L	OL	GF	GA	Pt
Chicago	20	17	0	3	64	37	37
Nashville	21	9	7	5	45	52	23
St. Louis	19	10	7	2	55	55	22
Detroit	20	9	8	3	58	56	21
Columbus	20	5	12	3	44	61	13

NORTHWEST DIVISION

	GP	W	L	OL	GF	GA	Pt
Vancouver	19	10	5	4	54	52	24
Minnesota	19	10	7	2	43	46	22
Edmonton	19	8	7	4	47	50	20
Calgary	18	7	7	4	49	61	18
Colorado	18	7	8	3	44	54	17

PACIFIC DIVISION

	GP	W	L	OL	GF	GA	Pt
Anaheim	18	14	3	1	64	48	29
Los Angeles	18	10	6	2	47	42	22
Dallas	21	10	9	2	57	62	22
San Jose	18	9	6	3	44	41	21
Phoenix	20	9	8	3	57	55	21

Note: A team winning in overtime or shootout is credited with two points and a victory in the W column; the team losing in overtime or shootout receives one point which is registered in the OL (other loss) column.

Thursday's results
NY Rangers 4 Tampa Bay 1
Toronto 5 NY Islanders 4 (OT)
Carolina 4 Pittsburgh 1
Boston 2 Ottawa 1 (OT)
Buffalo 4 Florida 3 (SO)
Winnipeg 3 New Jersey 1
Chicago 3 St. Louis 0
Edmonton 5 Dallas 1
Minnesota 4 Phoenix 3
Calgary at Colorado
Detroit at San Jose

Wednesday's results
Philadelphia 4 Washington 1
Montreal 5 Toronto 2
Los Angeles 2 Detroit 1
Anaheim 5 Nashville 1

Friday's games

All Times Eastern
Edmonton at St. Louis, 8 p.m.
Columbus at Chicago, 8:30 p.m.
Minnesota at Anaheim, 10 p.m.

Saturday's games
Ottawa at Philadelphia, 12 p.m.
Tampa Bay at Boston, 1 p.m.
New Jersey at Buffalo, 3 p.m.
Washington at Winnipeg, 3 p.m.
Pittsburgh at Montreal, 7 p.m.
Florida at Carolina, 7 p.m.
Anaheim at Phoenix, 8 p.m.
Los Angeles at Vancouver, 10 p.m.
Nashville at San Jose, 10:30 p.m.

LEAFS 5, ISLANDERS 4 (OT)

First Period
1. NY Islanders, Bailey 1 (Okposo, Macdonald) 3:34
2. Toronto, Kadri 6 (Fraser) 8:31
Penalties — None.
Second Period
3. NY Islanders, Visnovsky 1 (Cizikas, McDonald) 6:22
4. Toronto, Kadri 7 (Fraser, Franson) 8:55
5. Toronto, van Riemsdyk 12 (Steckel, Orr) 10:25
6. Toronto, Kadri 8 (Kostka, Gunnarsson) 14:12
Penalties — None.
Third Period
7. NY Islanders, Macdonald 1 (Okposo, Streit) 5:31
8. NY Islanders, Okposo 2 (Unassisted) 10:08
Penalties — None.
Overtime
9. Toronto, Phaneuf 4 (Grabovski, Macarthur) 1:11
Penalties — None.
Shots

Toronto	9	10	8	1—28
NY Islanders	6	11	9	1—27

Goal — Toronto: Reimer (W, 7-3-0). NY Islanders: Nabokov (LO, 8-7-2).
Power plays (goal-chances) — Toronto: 0-0. NY Islanders: 0-0.
Referees — Marc Joannette, Ian Walsh.
Linesmen — Mike Cvik, Derek Amell.
Att. — 9,222 (Nassau Veterans Memorial Coliseum).

See today's answers at metronews.ca/answers.

Horoscopes

Aries
March 21 - April 20
You are going through rather an intense phase at the moment and it's putting a strain on your body, mind and emotions. Take a break. What you are searching for will be found the moment you stop looking for it.

Taurus
April 21 - May 21
Don't hesitate today or you may lose momentum and give your rivals a chance to catch up. All's fair in love, war and business and if you make sure you are first, the rewards are sure to follow.

Gemini
May 22 - June 21
Listen to your instincts and act on what they tell you. If you have one brilliant idea today you will probably have a dozen or more, so you need to be selective. What is the most realistic option? Go for it.

Cancer
June 22 - July 23
Cut through all the confusion and get to the root of a problem that has been causing you a lot of sleepless nights. All you have to do is stick to the facts and avoid making value judgments. Sounds easy, doesn't it?

Leo
July 24 - Aug. 23
How often have you been told not to act in haste? Too many, no doubt, but today you are invited to act as quickly as you like. In fact, the quicker the better. You simply can't put a foot wrong now.

Virgo
Aug. 24 - Sept. 23
You may be practical by nature but you have flashes of inspiration like everyone else and you should listen to what your inner voice tells you today. One good idea, in particular, could be a money spinner.

Libra
Sept. 24 - Oct. 23
Important things will only get done today if you step up to the plate and take charge. Inevitably, some people will complain but you don't have time to argue: they either do as they are told or get left behind.

Scorpio
Oct. 24 - Nov. 22
Do you get the feeling that someone is trying to annoy you for the fun of it? Whether or not it is true, you are advised not to lose your temper with them. Really, it's just not worth the hassle.

Sagittarius
Nov. 23 - Dec. 21
Try to arrange things so that you don't do any real work at all. Put yourself forward as team leader. Take a supervising role. While others are working their fingers to the bone, you'll be getting the praise!

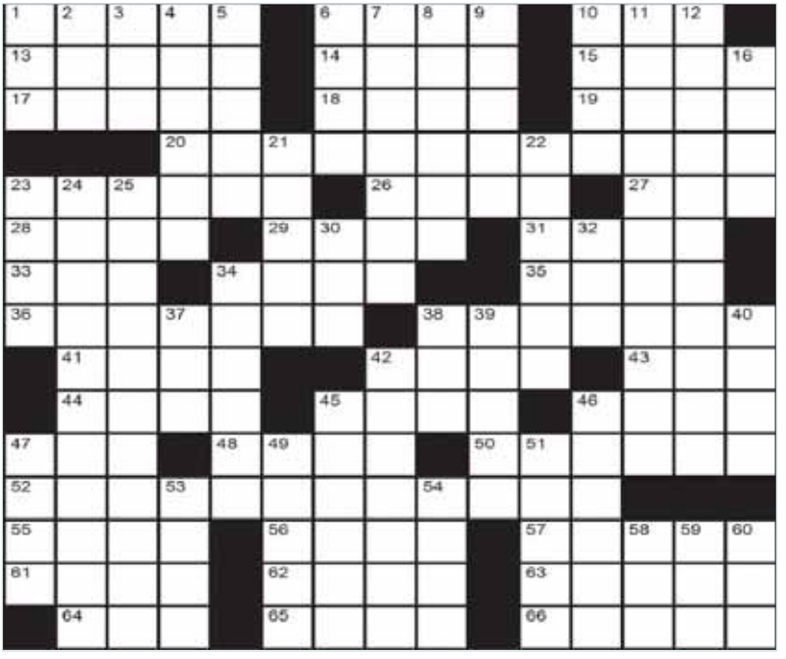
Capricorn
Dec. 22 - Jan. 20
If someone offers you an apology today, you must accept it. No matter what it is that caused your falling out, it's obvious that they don't hold a grudge. So, there is no reason why you should either.

Aquarius
Jan. 21 - Feb. 19
You will be in inspired form today. You will come up with ideas that others simply don't have the insight or intelligence to think of. But remember that good ideas are like manure — they work best when spread around.

Pisces
Feb. 20 - March 20
It may seem as if someone has let you down or, worse, betrayed a secret about you, but don't get on your high horse just yet. It could be there's another side to this story. Stay calm and find out what it is. SALLY BROMPTON

Crossword: Canada Across and Down

BY KELLY ANN BUCHANAN



Across
1. Zeppelin's "Whole __ Love"
6. Speed of sound, __ 1
10. "Eeew."
13. Christina Aguilera's "_ __ to You"
14. Tooth complaint
15. Mr. LaBeouf
17. Commenced
18. Helen of __
19. Criminal escapes
20. Bit of Leonard Cohen's "Hallelujah": "Love is not a __ __ / It's a cold and it's a broken..."
23. Legendary lady of Coventry
26. Mr. Bridges, Jeff's actor brother
27. Assemble the bricks
28. Car rental company
29. Mardi __
31. Come across as
33. Guitar master Mr. Paul
34. Plane reservation
35. Short-term worker, shortly
36. "Happy Days" diner
38. Spice Girls smash
41. Cowardly Lion's alter ego in Kansas
42. Extinct bird
43. Not specialized [abbr.]
44. Looked
45. __ fide
46. Exclusively
47. __ the Record Man
48. Compass/ruler set, for short
50. Ms. Anderson
52. Shakespeare's place-for-plays: 2 wds.
55. 'Slithy' Lewis Carroll creature
56. Prefix with 'are' (Land measure)
57. Shrek, and others
61. Je __, Tu es, Il est...
62. "___ my wit's end!"
63. Molten rock
64. __ builder (Stage gig)
65. Particle physics lab near Geneva
66. Actor, Sean __

Down
1. Ad-__ (Off-the-cuff)
2. 'Rem' ender (TV clicker)
3. __-of-war
4. Country singer Randy
5. Couple's yrly. celebration
6. Toronto jazz singer Mr. Dusk
7. Circus performer
8. Tasks
9. OutKast hit!: 2 wds.
10. Filmdom's Ms. Fisher
11. Celine Dion's birthplace in Quebec
12. 19th Prime Minister, in 1993: 2 wds.
16. Like fireplace residue
21. Like pet store birds
22. "I __ __ longer..." (Habit-quitter's pledge)
23. Grand event
24. Fanatical
25. 1955's "Lady and the Tramp", for one: 2 wds.
30. Univ. dorm supervisors
32. 'Eight' ender
34. "We Are Family" by Sister __
37. 'Rev' add-on (Take back)
38. Came through
39. Conform
40. "Orinoco Flow (Sail Away)" singer
42. Glassed-enclosed VIA Rail spot: 2 wds.
45. Puccini opera, La __
46. Beginnings, Alphas ...Conclusions, __
47. Li'l drill instructors
49. Moral principle
51. Fragrance
53. Most proficient
54. Office memo abbr.
58. Mil. unit
59. Poet Ms. Dickinson, to pals
60. __ Francisco

Yesterday's Crossword

Sudoku

How to play
Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved.

9				7		3	6	8
					6			7
		2		1	8	5		
8				5	1	4		
		7	4	2				3
		5	1	9		6		
4			2					
3	7	1		8				5

Yesterday's Sudoku

1	4	7	3	9	6	5	8	2
8	9	5	1	2	7	3	6	4
2	3	6	8	5	4	1	7	9
5	6	3	4	8	2	7	9	1
4	2	9	5	7	1	6	3	8
7	8	1	6	3	9	4	2	5
3	1	4	2	6	8	9	5	7
6	7	2	9	4	5	8	1	3
9	5	8	7	1	3	2	4	6

*Conditions apply. *Ex: Bellingham. All advertised prices include taxes & fees. Prices are for select departure dates and are accurate and subject to availability at advertising deadline, errors and omissions excepted, and subject to change. Taxes & fees include transportation related fees, GST/HST and fuel supplements and are approximate and subject to change. BC REG: #HO2790*

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Auckland	from $1289

Europe Airfares

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from **$840**

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Paris	from $1018

Hawaii

Honolulu Air + 7 Nights
from **$788**
INCLUDES central Waikiki accom near shopping, dining and beaches.

Kona Air + 7 Nights — from $919
INCLUDES accom in an oceanfront resort.

Maui & Oahu Island Hopper
Air + 8 Nights — from $1049
INCLUDES all airfare, 4 nights Maui accom and 4 nights Waikiki accom.

Kauai
Air + 7 Nights — from $1084
INCLUDES beachfront accom next to the Wailea River. **ADD** Waimea Canyon day-trip from $79.

Cruise & Stays

Miami
Air + 3 Nights + 7-Night Cruise
from **$1679**
INCLUDES airfare, central Miami accom on the beach and cruise sailing roundtrip Fort Lauderdale visiting Nassau, St. Thomas and St. Maarten.

Rome
Air + 3 Nights + 7-Night Cruise — from $2639
INCLUDES airfare, central Rome accom and cruise sailing roundtrip Rome visiting Messina (Sicily), Piraeus (Athens), Ephesus (Turkey) and Chania (Crete).

Central & South America

Buenos Aires
Air + 7 Nights
from **$1449**
INCLUDES central accom near the Plaza de Mayo. **ADD** city tour from $23.

Costa Rica
Air + 8-Day Self Drive Tour — from $1589
INCLUDES roundtrip airfare to San Jose, compact car rental, central accom and most breakfasts while travelling the route of La Fortuna, Arenal Volcano and Manuel Antonio National Park.

All-inclusive Vacations

Cayo Santa Maria
7 Nights 4.5-Star
from **$961**

Puerto Vallarta
7 Nights 4-Star — from $956

Panama 7 Nights 4-Star — from $962

Mazatlan 7 Nights 4-Star — from $1045

Costa Rica 7 Nights 4-Star — from $1064

Varadero 8 Nights 4-Star — from $1101

Punta Cana 7 Nights 4-Star — from $1145

Cancun 7 Nights 4-Star — from $1160

Riviera Maya
7 Nights 4-Star — from $1190

Europe

London
Air + 6 Nights
from **$1199**
INCLUDES central accom near Russell Square. **ADD** Red Rover Thames hop-on hop-off tour from $15.

Iceland Air + 7 Nights — from $1399
INCLUDES accom near the main shopping street of Reykjavik. **ADD** whale watching and Blue Lagoon tour from $133.

Dublin Air + 7 Nights 4-Star — from $1529
INCLUDES 4-star central accom.

Munich & Berlin
Air + 8 Nights — from $1649
INCLUDES all airfare, 4 nights Munich accom and 4 nights Berlin accom.

Paris & Amsterdam
Air + 8 Nights — from $1839
INCLUDES all airfare, 4 nights central Paris accom and 4 nights Amsterdam accom near Dam Square.

Prague Air + 7 Nights — from $1869
INCLUDES accom close to the Novy Smichov shopping and entertainment centre with daily breakfast. **ADD** Prague Castle tour from $62.

USA

Seattle
Spring Break, 3 Nights
from **$264** pp
INCLUDES art deco accom over Spring Break.
UPGRADE to 4-star accom from $10 per night.
ADD Seattle Space Needle admission from $24.

Anaheim Family Special
Air + 3 Nights — from $326◊
INCLUDES accom near theme parks. Price per person based on family of 4. **ADD** *Disneyland* Resort 3-Day *Park Hopper* Ticket from $243/adult, $228/child (ages 3-9).

Las Vegas Air + 3 Nights — from $396
INCLUDES accom on the Strip.

Phoenix Air + 3 Nights — from $425
INCLUDES Mesa area accom near dining, shopping and golf.

Palm Springs Air + 3 Nights — from $542
INCLUDES downtown Palm Springs accom near dining, shopping and golf.

San Francisco Air + 3 Nights — from $644
INCLUDES accom near Union Square. **ADD** California Academy of Science admission from $34.

New York Air + 3 Nights 4-Star — from $832
INCLUDES Manhattan accom.

Florida Keys
Air + 7 Nights + Car — from $1199
INCLUDES Key Largo accom and a 7-day car rental.

Asia

Bali Air + 9 Nights
from **$1759**
INCLUDES hilltop accom overlooking the Bay of Tanjung Benoa.

Shanghai Air + 6 Nights 4-Star — from $1199
INCLUDES central accom near shopping and attractions.

Tokyo
Air + 2 Nights + 7-Day Rail Pass — from $1739
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